Maharaja Surajmal Brij University

Bharatpur (Raj.)
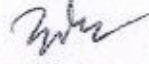
SYLLABUS

B.A. PSYCHOLOGY

(Part I, II, III)

**Only For Session
2020-21**

Session 2021-22

अकादमिक प्रभारी
महाराजा सूरजमल बृज विश्वविद्यालय,
भरतपुर (राज.)

B.A. Pass Course Part-I
PSYCHOLOGY

Scheme of Examination -

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks
I	Basic Psychological Processes	3 Hrs.	75
II	Social Psychology	3 Hrs.	75
III	Practical	3 Hrs.	50

NOTE :

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the paper.

PART A

Will contain 10 questions of 20 words each. Each question will of 1.5 marks. Thus, Part A will be of 15 marks.
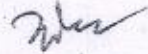
PART B

Will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks.

PART C

Will contain 3 long questions each with internal choice each question will be 15 marks. Thus, Part-C will be of 45 marks.

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भरतपुर (राज.)

For clarification the distribution of marks is tabulated as below -

ARTS			
Section	No. of Questions	Marks	Marks
A	10	1.5	15
B	5 (Out of 7)	03	15
C	3 (with internal Choice)	15	45
		Total Marks	75

2. Use of simple calculator will be allowed for statistical portions of all papers.

Paper - 1

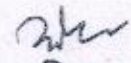## Basic Psychological Processes

Section-A

1. **Introduction** - Definition and Goals of Psychology: History Structuralism, Functionalism, Behaviourism, Gestalt and Psychoanalysis; Modern Perspectives Biological, Psychodynamic, Behavioural, Cognitive, humanistic, Evolutionary and Socio cultural; Methods Observation, Case Study, Survey and Experimental.

2. **Biological Basis of Behaviour-** The Nervous System -Structure and Functions of Neuron. Structure and Functions of Central nervous System and Peripheral Nervous System.

Section-B

3. **Learning: Definition and Theories-** Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning.

4. **Memory: Definition:** Encoding, Storage and Retrival Processes; Models Level of Processing, Parallel Distributed Processing and Information Processing – Sensory, Short Term and Long Term Memory; Forgetting - Nature and Causes.

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Section-C

5. **Intelligence-** Definition and Theories – Spearman, Guilford, Cattell, Sternberg, Gardner; Meaning of IQ; Intelligence Tests.

6. **Personality-**Definition; Type Theories and Trait Theories – Allport, Cattell, McCrac and Costa; personality assessment - Self Inventories, Projective Test and Behavioural Assessment.

Books Recommended:

- Baron R.A. (2003) Psychology, Allyn and Bacon. New Delhi Prentice Hall India.

- Gerrig, R.J. and Zimbardo, P.G. (2005). Psychology and Life. New Delhi Pearson Education.

- Ciccarelli, S.K. and Meyer, G.E. (2006). Psychology. New Delhi, Pearson Education.

- सिंह, अरूण कुमार (2002) : आधुनिक : सामान्य मनोविज्ञान, नई दिल्ली, मोतीलाल बनारसीदास।

Paper – II

Social Psychology

Section-A

1. **Introduction:** Meaning, Nature, Scope and Goals of Social Psychology. Methods of Social Psychology: Experimental and Non-experimental Methods.

2. **Attitudes:** Nature, Functions, Formation, Change and Measurement.

Section-B

3. **Prejudice and Discrimination:** Nature and Origin: Reduction of Prejudice and Discrimination.

4. **Leadership:** Definition and Functions: Types of Leadership, Trait, Situational and Contingency Approaches.

Section-C

5. **Communication:** Meaning, Nature and Types: Verbal and Non-verbal, barriers in Communication.

6. **Aggression and Social Problems:** Aggression-Theories, Determinants, Prevention and Control; Social Problems – Meaning and Nature; Types of Social Problems Poverty, Deprivation, Population Explosion, Economic Development; Solutions of Social Problems.

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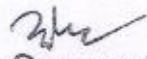
Books Recommended:

- Baron, R.A. and Byrne D. (1998): Social Psychology, New Delhi, Prentice Hall.

- Myers, David G (1994): Exploring Social Psychology, New York; McGraw Hill.

- अरूण कुमार सिंह (2002) : समाज मनोविज्ञान की रूपरेखा, मोतीलाल बनारसीदास, दिल्ली।

Paper-III

Practical -

1. Human Maze Learning
2. Measurement of Intelligence (Performance Test)
3. Experiment of Memory (Meaningful and Non-sense syllabus through Memory Drum)
4. Measurement of Personality
5. Measurement of Attitude
6. Measurement of Leadership
7. Assessment of Social Support

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B.A. Pass Course Part-II
PSYCHOLOGY

Scheme of Examination -

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks
I	Psychopathology	3 Hrs.	75
II	Psychological Statistics	3 Hrs.	75
III	Practical	3 Hrs.	50

NOTE :

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the paper.

PART A

Will contain 10 questions of 20 words each. Each question will of 1.5 marks. Thus, Part A will be of 15 marks.
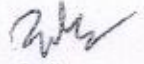
PART B

Will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks.

PART C

Will contain 3 long questions each with internal choice each question will be 15 marks. Thus, Part-C will be of 45 marks.

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भरतपुर (राज.)

For clarification the distribution of marks is tabulated as below -

ARTS			
Section	No. of Questions	Marks	Marks
A	10	1.5	15
B	5 (Out of 7)	03	15
C	3 (with internal Choice)	15	45
		Total Marks	75

2. Use of simple calculator will be allowed for statistical portions of all papers.

3. Various norm tables of F ratio, correlation, t test, x2 (Chi-square) etc. will be supplied by examination centre.

Paper - 1

Psychopathology -

Section-A

1. **Introduction** - Meaning of Normality and Abnormility, Characteristics of Abnormal Behaviour; Latest ICD and DSM Classification System.

2. **Psychological Assessment**- Clinical Interview, Diagnostic Tests Intelligence, Neuropsychological, Personality; Behavioural and bodily Assessment.

Section-B

3. **Symptomatology and Etiology of Abnormal Behavior:** Cognitive, Conative and Affective Symptoms; Biological, Psycho-Social, Socio-Cultural, Causes.

4. **Anxiety Disorders** - Nature, Clinical Picture and Types: Generalized Anxiety and Panic disorder, Phobias and Obsessive Compulsive Disorder

Section-C

5. **Clinical Intervention**-Psychoanalytic and Psychody Therapy, Cognitive and Behaviour Therapy and Client Centered Therapy.

6. **Mental Health** - Meaning and Components, Factors Influencing Mental Health, Measures for Promoting Mental Health.

Books Recommended:

- Sarasan, I.G. and Sarasan, B.R. (2005) Abnormal Psychology, New Delhi: Pearson Education

- Lamm, A. (197). Introduction to Psychopathology N. Y. Sage.

- Buss, A.H. (1999). Psychopathology, N.Y. John Wiley.

- अरूण कुमार सिंह (2002) : आधुनिक असामान्य मनोविज्ञान, नई दिल्ली, मोतीलाल बनारसीदास ।

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Paper - II
Psychological Statistics

Section-A

1. **Introduction:** Nature and Scope of Statistics and Psychological Data; Application of Statistics in Psychology; Nature and Levels of measurement - Categorical and Continuous Variable.

2. **Frequency Distribution:** Drawing of Frequency Distribution. Bivariate Frequency Distribution, Graphical Representation of Grouped Data Histogram, Polygon.

Section-B

3. **Measurement of Central Tendency:** Purpose and Types; Characteristics and Computation of Mean, Median and Mode.

4. **Measures of Variability:** Concept and Uses; Characteristics and Computation of Range, Quartile Deviation, Average Deviation and Standard Deviation.

Section-C

5. **Correlation:** Concept and Types - Pearson's Product Moment Correlation (for Ungrouped Data by Assumed Mean and Actual Mean); Spearman's Rank Order Correlation.

6. **Hypothesis Testing and Inference Making:** Population and Sample, Types of Sampling, Standard error of Mean, 't' test (Independent group), Interpretation of 't' values, levels of Significance.

Books Recommended:

- Broota K.D. (1992): Experimental design in behavioural research, Wiley Eastern, New Delhi.
- Minimum E.W., King B.M. and Bear G. (1993): Statistical Reasoning in Psychology and Education, New York, John Wiley.
- Siegel. S. (1994): Non-parametric Statistics, New York, MC Graw Hill.
- कपिल एच.के. : सांख्यिकी के मूल तत्व, आगरा, विनोद पुस्तक मन्दिर।
- भार्गव महेश, द्वारका प्रसाद एवं लाभ सिंह, मनोविज्ञान एवं शिक्षा में सांख्यिकी, हरप्रसाद भार्गव, कचहरी घाट, आगरा।

Paper-III
Practical –

1. Assessment of Mental Health
2. Assessment of State and Trail Anxiety
3. Measurement of Depression
4. Measurement of Coping - Styles
5. Assessment of Family Pathology
6. Measurement of Adjustment
7. Stress : Measurement and Analysis of Group Data (t-test)

B.A. Pass Course Part-III
PSYCHOLOGY

Scheme of Examination -

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks
I	Positive Psychology	3Hrs.	75
II	Psychological Testing and Assessment	3Hrs.	75
III	Practical	3Hrs.	50

NOTE :

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the paper.

PART A

Will contain 10 questions of 20 words each. Each question will of 1.5 marks. Thus, Part A will be of 15 marks.
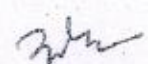
PART B

Will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks.

PART C

Will contain 3 long questions each with internal choice each question will be 15 marks. Thus, Part-C will be of 45 marks.

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Session 2021-22

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For clarification the distribution of marks is tabulated as below -

ARTS			
Section	No. of Questions	Marks	Marks
A	10	1.5	15
B	5 (Out of 7)	03	15
C	3 (with internal Choice)	15	45
		Total Marks	75

2. Use of simple calculator will be allowed for statistical portions of all papers.

Paper-I:

Positive Psychology

Section-A

1. **Introduction :** Definition, Goals and Assumptions of Positive Psychology; Relationship with other Branches of Psychology

2. **Happiness:** Meaning; Hedonic and Eudaemonist Viewpoint; Positive and! Negative Affect; Theoretical Viewpoints; Determinants and Sources; Authentic Happiness; Enhancement of Happiness and Wellbeing.

Section-B

3. **Resilience :** Meaning and Sources; Developmental and Clinical Perspective; Successful Aging and Growth through Trauma.

4. **Mental Health and Well-Being :** Subjective Well-Being and Life Satisfaction, Social Well-Being and Psychological Well-Being, Complete State Model.

Section-C

5. **Emotional Intelligence :** Meaning, Components and Theories; Enhancement of Emotional Intelligence.

6. **Pro-Social Behavior :** Empathy, Altruism, Gratitude and Forgiveness.

Books Recommended:

*   Snyder, C.R. Lopez,S.J.(2007).Positive Psychology. New Delhi: Sage.
*   Snyder, C.R. Lopez. J.(2005). Handbook of Positive Psychology. New York: Oxford
*   Wong, P.T. and Fry, (1998).The.Human Quest for Meaning. Mahwah, New Jersey: Lawrence, Erlbun
*   Baumgardner, S. C hers, M.(2009). Positive Psychology. New Delhi: Pearson Education.

Paper-II:

Psychological Testing and Assessment

Section-A

1. Psychological Test Construction: Principles and Steps, Item analysis.
2. Reliability: Meaning, Types and Methods of Calculating Reliability.

Section-B

3. Validity: Meaning, Types and Methods of Calculating Validity.
4. Norms: Meaning and Types of Norms.

Section-C

5. Types of Psychological Tests: Group and Individual, Verbal and Performance, Speed and Power Test, Rating Scales.
6. Application of Psychological Testing: Educational, Counselling and Guidance, Clinical and Organizational Setting.

Books Recommended:

- Anastasi, A. (1997), Psychological testing, New York; MacMillan Co.
- Chadha, N.K. (2009). Applied Psychometry, New Delhi: Sage.
- Kaplan, R.M. and Saccuzzo, D.P. (2009) Psychological Testing and Assessment. New Delhi: Cengage Learning.
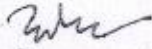
Paper-III

Practicals

1. Measurement of Subjective Wellbeing
2. Measurement of Forgiveness
3. Measurement of Emotional Intelligence
4. Measurement of Attributional Styles
5. Measurement of Resilience
6. Measurement of Intelligence (SPM)
7. Personality Assessment through HSPQ

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