



Faculty Profile

1. Name: Dr. Asha Nair
2. Designation: DPE
3. Department: Sports, Games, Physical Education
4. Educational Qualification:



Level	Name of University/Board	Year	Title/ Remark/ Medal
MPE	Jiwaji University, MP	1993	First division
M. Phil	Jiwaji University, MP	1994	Second division
Ph. D	Jiwaji University, MP	1999	“Cross sectional study on age, sex, height & weight in relation to motor development among boys and girls”

5. Experience: Teaching / Research

UG	23 years	PG	1 year	Research	-
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6. Membership (Academic Bodies/ Research societies):

- All India Council of Physical Education
- BOS Physical Education, MDSU, Ajmer
- Sports Board, MDSU, Ajmer

M.O.O.C (Developed by Faculty): -

7. Awards Received:

8. Academic Courses Attended:

Course	Place	Sponsoring Agency	Duration
Orientation Course	Lucknow, UP	Academic staff college	26/06/2000 – 22 /07/2000
Refresher	MDSU, Ajmer	UGC	26/3/06 – 15/4/06
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	-		
Others (Workshop/ Summer School/ Camp etc.)	1) Regional Institute of Education, Ajmer	NCERT	09/02/08
	2) Punjab University, Patiala, Punjab	DPE	12/04/18- 18/04/18

Signature



	LNIFE, Gwalior , MP		
	07/12/06 – 09/12/06		
Online F.D.P (Faculty Development Programme)			

9. Seminar/ Conference :

Name of Symposium/ Seminar/Conference	Internat./ National/ Regional	Organized by	Title of Paper presented	Year
Non-Violent Protest Movement: Forms, Techniques and Relevance	International	Shri SCM Govt. college, Degana	Non-violence & Brotherhood	January 2013
Sports Medicine, Exercise Science, Physical Education & Yogic Science	International	LNIFE, Gwalior, MP	1) A study of Personality Style, level of stress & health status of athletes 2) Interior Horticulture therapy – Effects on Health & Sports	February 2008
Interpreting Feminism vis-à-vis Activism	International	Kanoria PG Mahila Mahavidyalaya, Jaipur	Post Modern feminism – A new face to the South East Asian cultures	January 2013

10. Organizing Sec./Convener of conference/seminar/webinar :

Conference/Seminar Title	Year

11. Resource Person:

In training Programme	
In conferences/Seminars (Chair/Co-Chair/of Session)	'Issues and Challenges in Physical Education and Sports in New Millennium'

12. Research Publications

Title of Paper	Name of Journal with Impact factor & ISSN No.	Volume and No. with Year	Citation Index	Impact Factor	Google Index
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Signature



A study of Personality Style, Level of Stress and Health Status of Athletes	WELLNESS Journal of Health, Physical Education & Sports 0975-136X	Volume 1 Number 1 Jan. – Jun. 2009			

13. Research Projects:

Title of the Project	Year	Name of funding agency	Fund available/ utilized	Present status

14. Research Supervision:

- **Basic Field of specialization:**

❖ **Ph.D.**

Name of Student	Title of thesis	Present status	Date and Year of Award, if so

❖ **M. Phil.**

Name of Student	Title of Dissertation	Present status	Date and Year of Award, if so
Virendra Kumar	A study on relationship of anthropometric measurements, psychological variables and skill level of inter-varsity male hockey players	Awarded	2007-08
Uma Shankar Khumbhaj	A comparative study of socio economic status and general intelligence on physical fitness level of students	Awarded	2007-08
Gajraj Singh Rathore	A Study on Anthropometric, Socio-Economic Status, Attitude Towards Physical Education and Physical Fitness Level Among BPE and BP Ed Students	Awarded	2007-08

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15. Monograph/ Book / Chapter (in Edited Book)/Chapters in study material of Open universities

• Book (Single Author)

Title of Book	ISBN/ ISSN No.	Publisher with Place	Year of Publication

• Chapter(s) in Book (Edited / multi-author)

Title of Chapter	Authors / Editors	Name of the Book with ISBN/ ISSN No.	Publisher with Place	Year of Publication

16. Sports Activities:

- Core Committee member for Inter University South West zone (15th to 20th November 2010) & all India (23rd to 27th November 2010) Basketball (women) Tournament conducted by MDSU, Ajmer.
- Core Committee member for Inter University West Zone Tennis (men) Tournament 2009-10 conducted by MDSU, Ajmer (2nd to 7th January 2010)

17. Extra Curricular Activities:

- NSS Officer (1998-1999)
- NAAC Committee member (2013-2014)

18. Any Other Relevant Information/Contributions

Title of Journal	ISSN	Editor/ Author	Year of Publication
Speaas Journal of Sports, Physical Education, Allied and Alternative Sciences	2231-7931	Editor in Chief	July 2011

- Observer in EXSPO an international sports meet for world peace 2002

Signature



S.P.C.G.C., Ajmer

(Established 1836)

(NAAC Accredited - 'A' Grade)

- Participated in the 'Training of Trainers on Road Safety' sponsored by Department of Transport, Government of Rajasthan. (12th to 16th September 2016) conducted by Centre for Road Safety, Sardar Patel University of Police security and Criminal Justice, Jodhpur.
- Building and Infrastructure Committee member (2018)

Signature