

Department of Physical Education, Government College, Sirohi

A healthy mind resides in a healthy body, goes the saying. The Sports Department at the college believes that when you exercise your body, you exercise your mind as well. Besides academics, sports are one of the important co-curricular activities, included in all educational institutions. Sports attribute positively to the academic performance of our learners. Playing as a team encourages co-operation and leadership among the players. A wide variety of indoor and outdoor sport facilities are made available to the students of the college so that they can have an all-round development.

Dr. Ajay Sharma, Associate Professor in Chemistry who himself is a very good sportsman and district champion table tennis is looking after the Department of Physical Education of the college. The Sports department has excellent facilities, there is a separate campus, in the west at nearly 0.8 km from college main campus on Jodhpur highway, which is meant to make accessible for athletic and games facilities. It has a big playground with fully marked athletic track, sports pavilion stand, Basketball court, Volleyball court, Hockey, Football, Kho-Kho, Kabbadi and Cricket grounds. The college, further, provides facilities like a separate room for indoor games like table tennis, carrom, chess etc. There is a separate room with working equipments to set up complete facilities of gymnasium. All the games have equipment of international standards which is accessible to all the players.

All athletic events like races, jumps and throws are organized every year by college sports committee with prior information to students on specified dates. The playgrounds are also used to work it up for Cricket, Hockey, Kho-Kho, Kabaddi, Volley ball, Basket ball and Football matches. Furthermore, special activity like Yoga, Meditation, PT etc. are usually held with necessary arrangements on open ground or on rooftop covered with tin sheets.

Extra facilities to the sports person:

Most of the students are from a rural background and poor families but the college supports them by giving due recognition and financial assistance to them. The college provides sports kit, financial assistance, and refreshments etc. to the players when they participate in inter-collegiate and university/state level events. There is also a provision of mementos and certificates for participating students. Players selected for inter university tournaments and winner of inter collegiate tournaments of MLS University, Udaipur receives tracksuit as appreciation from the college. The college teachers also boost our players by collecting cash contributions amongst themselves and giving the collected money as cash prizes to the deserving players as an appreciation. The college also provides cash amount to the deserving players for their protein diet and credits them on Independence Day and Republic Day.

All the sports & Games Activities are run by the help of Sports committee members given in the table:-

Games & Sports Committee (Boys)	Games & Sports Committee (Girls)
Dr. Ajay Sharma Convener Dr. G.V. Mishra Dr. R.N. Shahstri Sh. B. R. Bishnoi Dr. Gayatri Prasad Dr. Suresh Kumar Dr. Sanjay Parihar Dr. Kailash Gehlot Sh. Om Dutt Parewa Sh. Sunil Kumar Meena Sh. Rishi Meenash. Sh. Khemraj Choudhary Sh. Gajendar Kumar Jangir Sh. Kanhaiya Lal	Dr. Sharda Bhandari Convener Dr. Hemlata Dr. Jaishree Gurnani Dr. Shachi Singh Dr. Reena Shrivastava Dr. Meena Jain Smt. Renuka Verma Smt. Suman Smt. Sangeeta Sharma