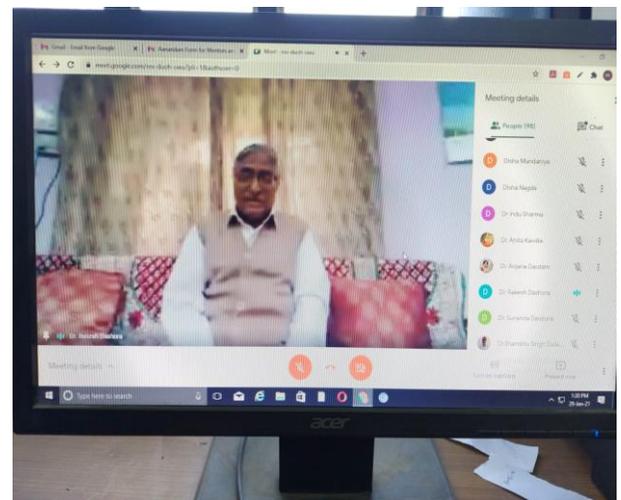
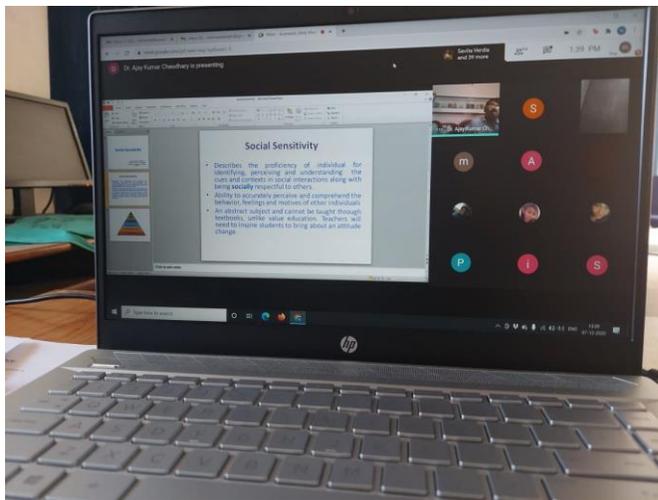


# **GOVT. MEERA GIRLS COLLEGE, UDAIPUR**

## **Anandam Report 2020-21**

Anandam is a community service course for the college students introduced in the year 2020-21 as a mandatory subject in undergraduate first year and post graduate previous classes. The vision behind such program is that aims to instill the joy of giving and sharing in young people through community participation, helping them to be responsible citizens and be initiators of change for a healthy society. A daily act of goodness and charity will infuse the habit of community services in students. Community services program are effective in students personal, social ethical and academic development as well as compassion, an open mind, a willingness to do whatever is needed. It aims at developing skills, creativity, critical thinking, and innovative powers, passion and positivity in the students. The course was introduced in our college for the first year students of UG and PG previous classes. All first year students of three streams were allotted to the faculty. The faculty members are the mentors of the students, who guided the students in carrying out the projects and helping students to carry out the daily act of goodness. The students were directed to perform daily an individual act of goodness and charity and record it in their dedicated diary or register. This was the individual activity done by the students every day. They also have to perform a community services project as a group project in which a group of 10 students was made to perform community activities. All the mentors guided the students in selecting the projects, in mobilizing the required resources and support for the projects and in writing the synopsis and report of the project. Anandam day was celebrated once in the month in last week. A logo and slogan writing competition for Aanandam program were also organized and selected entries were sent for further selection. Three Webinars were organised by the Anandam team on topics like

social sensitivity, opinion of youth towards technical education social awareness an integrated development women empowerment and employment opportunities through self-employment, government programs for women employment and child abuse laws in India. The keynote speakers of the webinars were Dr. Sudeshna Parija, Dr Sunil Datt Shukla, Dr. Ajay Chaudhary, Dr Rakesh Dashora, Dr Sneha Babel and advocate Aditi. Students also shared their experiences and queries regarding how to work in the field and problems which they were facing during conducting the program. Students actively participated in the program and enjoyed it.



दिनांक - 12/11/2020

\* गैरिना माताजी ने आज हमें घर पर ही कई  
 कामों को सिखाया है। गैरिना माताजी ने  
 सभी को सिखाया है कि हमें अपने घर में  
 जहाँ जहाँ हमें काम करना है वहाँ हमें  
 काम करना चाहिए।  
 \* आज मैंने अपनी पुरानी बुनियादी जर्सी  
 को धोने का काम किया। इससे मैंने  
 बहुत अच्छा महसूस किया। इससे मैंने  
 अपने कामों को करने में उत्साह महसूस  
 किया।  
 \* आज मैंने अपने घर पर जाकर धारी कपड़े पहने।  
 यह और उनकी लोन्स को पहनने से  
 बहुत ही अच्छा लगा।  
 \* इस सभी सुख के बाद मैंने  
 आज का दिन बहुत ही अच्छे से  
 पूरा किया है।

