

HARIDEV JOSHI RAJKIYA KANYA MAHAVIDHYALAYA BANSWARA

BEST PRACTICES OF THE INSTITUTION

1. Title-Community Service by spreading awareness about covid 19.

Objectives of the practice:

Awareness about covid 19 practice was adopted by the institution with the following objectives:-

1. To extend knowledge and awareness about the pandemic Covid 19 in society.
2. To generate awareness about the necessary precautions and safety measures for keeping oneself safe from the infection.
3. To increase awareness about the mandatory use of masks and sanitizers.
4. To make the society conscious and aware about the importance of physical fitness in daily life.
5. To Encourage vaccination amongst all as the surest way to curb the raising number of Covid Patients.

The context-

Covid 19 is a global concern. The whole world suffered because of it. Millions of people lost lives or fell ill. It affected the entire human race and life came to a standstill in all countries. The UN's WHO declared it a Pandemic. As no one could fathom the cause or the spread of the illness it created an environment of fear, suspicion and anxiety. In this scenario the government as well as different agencies, institutes took steps to check the spread of the illness as well as create awareness so that people could be prepared to face this disease. Similarly our Institute which is situated in the heart of the city, took this initiative of spreading awareness and contribute significantly in saving residents of Banswara city so that people cope with it calmly and can be safe without any health hazards in future.

The practices-This noble cause of spreading awareness Covid 19 on was executed through following schemes and agencies:

1 NSS: Students enrolled under NSS are dedicated towards their aim of serving the society in tandem with its motto of "Not Me but You." And during Pandemic each and every volunteer took the pledge of spreading awareness about Covid 19 in their respective areas and community.

2. With district administration :NssVolunteers joined hands with the District administration in bringing awareness by participating in different activities and competitions on this theme.

3. Anandampariyojna-Directorate college education Jaipur added Anandam as a compulsory subject in 2020 which not only imbibed the spirit of goodwill and cooperation but inspired them to give joy to others through any good deed in their daily routine.

4. Distribution of mask and sanitizers by students encouraged those people to use it who were unaware about its importance or could not afford buying from market. We take pride in the effective implementation of these practices like mask making and sanitizing by students who sanitized their living areas and surroundings of at least two houses regularly by our students in peak waves of the disease.

5. Online Masks making practical lessons were organised to make it accessible for the masses.

6. The yoga classes arranged in college every year as well as evening sessions for outsiders with VedVidyapeeth Course classes provided an opportunity to learn or practice yoga for

physical fitness to all.

7. Distribution of herbal drinks like Giloy Juice and desikahwa amongst students was also done to boost their immunity and were taught about its preparation and benefits.

8. The staff, students took this major initiative of encouraging everyone around them to get vaccinated. Vaccination camp was also organised in the college. NSS volunteers along with other students were asked to help senior citizens for vaccination formalities at the local dispensaries.

Evidences of success

- The photographs and News coverage of Mask Distribution, vaccination camp, distribution of herbal drink, yoga classes are self-reliant and tell the success of our service.
- Anandam- Daily Diaries of students, Project Reports along with photos of such good deeds of cleaning Public Places, keeping water for birds, giving water to plants etc
- Practise of yoga each year is a compulsory event in the NSS Camps. Press note and photographs show its success and participation in good numbers



Problems encountered and resources requirement:-

1. Availability of the volunteers for limited hours as most of them come from remote areas so their hours of service could not be extended.
2. Non availability of funds- As it is a government institute the college could not use its resources for this practice. However the staff and students contributed voluntarily for this noble cause.
3. The general attitude of public initially seemed awkward and hesitant as they believed strangers could spread the disease. Initially they tried to avoid the interaction but with the sincere efforts and patience of volunteers people soon responded warmly.

2. Title- Save Environment and Resolve Environmental Challenges

The college is making a sincere effort to save energy and water in a small ; nonetheless significant way by adopting this practice incessantly.

Objectives

- 1.To conserve,develop and widen plantcommunity .
- 2.To construct profilers to keep natural balance by utilising the resources of educational institutions , healthy status and develop paths and gardens.
3. Touse fundamental principles of livelihood to conserve natural resources and utility .
4. To keep the beauty of the Earth planet.
5. To create a conducive environment to live in for the future generation .

The context

In today's modern world Pollution and the deterioration of environment is the biggest challenge for mankind. And all the Environmentalists warn us and appeal to the entire human race to take steps to prevent this decay.As the Learning Institutes are the first platforms to prepare the future generation,our college too is bearing the responsibility of saving environment with the aim to make everyone conscious on the use of light and water judiciously and prevent any wastage . Mission of this practice is to make the surroundings green for maximum oxygen and soothing environment.Vision is to create a conducive and healthy environment to live in for the future generation.

Practice

The following activities are carried throughout the year to save environment:-

1. Use of cloth and paper bags instead of plastic and polythene
2. Preparation of vermicompost and organic manure.
3. Watering plants by burying earthen pots near trees and plants so that wastage of water can be avoided .
4. Plantation of trees and flowering plants for making the campus beautiful and green.
5. Distribution of plants to students to make their residential areas green.
6. Conscious monitoring by staff to prevent wastage of light and water.
7. Maximum use of LED lights in the entire building.
8. Biodegradable and Non-biodegradable wastage disposed separately.
9. Collection of fallen leaves in Pits to use it as manure.
10. Ban on Polythene and Plastic products in college campus.

Evidences of success

1. Green, healthy and beautiful campus.
2. Saving water through earthen pots using Cohesive Force technology.
3. Organic manure manufacturing.
4. Developed love for nature amongst students.
5. Clean campus.
6. Disposal of wastage in proper ways



Problems Encountered and Resources Required:

1. Lack of insufficient funds to purchase plants etc.
2. There is no space for water reservoirs.
3. The scorching heat of Banswarais a big hindrance to save the environment.
4. Problem of solid waste management without funds.

3. Title - Empowerment of Tribal Girls

As the college happens to be the largest women's college in the Tribal district of Banswara, it endows upon it the responsibility of not only educating but even empowering the girls of this remote, tribal commonly addressed as a "backward area". Keeping it in mind ,the vision of the college is to bring the shy, hesitant tribal girls into the mainstream society. And to fulfil this goal the college is striving to empower its students with knowledge, confidence and holistic development of their personality.

Objectives

1. To Create awareness and thrust For knowledge amongst

students of tribal region.

2. To raise the self-esteem and self-confidence of the Tribal students.

3. To eliminate the practice of discrimination and bring forth gender equality.

4. To create awareness about Women Rights and prevent all forms of violence against women and girl child.

5. To enable them to protect themselves with self-defence skills.

6. To provide a free and fearless environment for them to come forth in sharing their views or problems

without any hesitation.

7. To provide opportunity for skill development to attain employment and be independent financially.

8. To develop every student's personality in all aspects be it mental, physical or financial.

The context

Haridev Joshi Government Girls College is an institute for girls exclusively. Its 85 percent students hail from the scheduled tribe which also happens to be the rural and economic weaker section of the society. Thus the college has adopted this goal to uplift the girls socially and intellectually and empower them. It has gradually developed this practice to empower the tribal girls to realise their potential and compete for equal opportunities in building a successful life.

Practices

The following practices help in attaining the goal of tribal women empowerment in college:-

- Women cell provides opportunity for girls and women to share their

experience and views regarding their status in the society and to suggest ways to improve and empower themselves through lectures, orientations, films, seminar etc

- Celebrating international Women's Day with Talk by eminent personalities on health and nutrition, diet planning, sexual abuse, right of women etc.
- Self Defence classes are organized every year to teach basic skills essential for women safety.
 - Skill development classes are organized under YDC, CM Skill Development scheme, Summer Camp Courses to enhance a skill for employment.
 - Lectures on women Rights are organized to make them aware of the legal support system for crime against women.
 - Personality grooming classes are conducted in Women cell, YDC Programme.
 - A sense of pride is instilled for their culture by accentuating the uniqueness and richness of Tribal culture. Amongst various cultural activities, tribal folk music and dance competitions are also organized. Outside artists are also invited to display their Folk Art amongst college students.
 - As Agriculture is the main occupation of this belt the students are encouraged to learn new techniques of farming as well as Organic Farming by organizing trips to the KVK or invite Experts of the field for informative lectures.
 - The College even organized a National Conference in 2017 on the medicinal value of the ethnic foods.
 - Conducting Food Preservation classes by Home Science Department and hobby classes under the purview of NSS, YDC, Women Cell inspire them to seek vocational training,
 - Communication skill workshops are organized frequently and faculty

members are

Making sincere efforts to bring out their latent talents especially to cultivate their power of expression.

Evidence of success

* The growing number of students shows the Educational empowerment. In the last quarter of century the college strength has increased from 150 to nearly 2000..

*Successful placement of a good number of its students as teachers in all over schools of Banswara district. Though teaching is the main profession that students opt for yet we find our students in all sectors-Court, Hospitals, Police, Forest departments and even politics at grassroot level. Some of the students have held the post of Sarpanch or municipal councillors.

* Quite a few number of girls have started their own Cottage business, and some are emerging as entrepreneurs.

* Photographs of students attending Self defence skill, Communication skill, Field trips to KVK

Students, Summer Camp classes along with the records tell the success of Tribal girls empowerment drive of the college.

* Enthusiastic participation of girls in attending such activities and sessions depict their zeal to overpower the rural, social, economic weakness associated with this region .

*The number of passed out students working in different hospitals as nursing staff proves their keenness and contribution in improving the health sector. gained knowledge about women's health and pledged to maintain the health standards in their surroundings

*The active participation of students in politics shows their awareness about legal rights and laws.

*In 2021 E Seminar at national level was organized on the theme of Women

Empowerment, thereby providing a platform to students to listen to Resource Persons from different states. Its report another evidence.



Problems encountered and resources required

- *Economic and Sociological background of tribal families is one of the biggest challenge in empowering their women.
 - * Lifestyle and mindset is again a big challenge in uplifting women.
 - *Low educational level among Tribal society.
 - *Persuading shy students to shirk off their inhibition and hesitation.
 - *Non Availability of Resource Persons to provide vocational training.
 - * Lack of financial support .
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