

AANANDAM

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Aanandam

- An exercise in trusteeship
- An act of community participation
- The joy of giving and sharing

Objectives of Aanandam

- To encourage students to interact with the community and to understand its problem.

Aanandam : Mandatory Subject

- Activity based credited subject
- For classes of UG Part I and PG (previous) in 2020-21
- No written examination

Syllabus of Aanandam

- Activities at Individual level
- Activities at Group level

Syllabus of Aanandam

- **Activities at Individual level**

*Doing act of goodness (caring, sharing and giving) for community / needy people each day and record it in a **daily diary**.*

Syllabus of Aanandam

- Activities at Group level

(GROUP COMMUNITY SERVICE PROJECT)

Taking up a project that benefits the community by a group of 8 -10 students.

Celebration of “AANANDAM DAY”

Assessment of the Activities

- Maximum marks : 100
- Marks / Grades will be entered in the marks sheet
- Marks will affect the total percentage

Assessment of the Activities

S No	Parameters	Marks for Annual Scheme
1	Submission of daily diary to the mentor	10
2	Synopsis of Project undertaken	20
3	Presence and participation on Aanandam Day	20
4	Project undertaken and Project report	50
	Total Marks	100

Evaluation of Project Report

S. NO	PARAMETERS	MAX MARKS 50
1	Videos of group activities	10
2	Photographs of students' participation and involvement in community	10
3	Problem solving and challenging issues addressed / innovation	30

Suggestions for Individual Activities

- Save electricity / water / environment / animals / public property etc.
- Share food / clothes / water / medicine / knowledge etc.
- Respect women / poor / old age.

Suggestions for Individual Activities

- Letting someone take your turn in lifts / queues.
- Maintaining silence for students/ old aged/ patients/ neighbors.
- Giving gifts to a person whom you dislike

Suggestions for Group Activities

- Adopt an area/ colony/office for :
 - water & power saving / pollution issues campaign through slogans, posters.
 - to train people about garbage disposal, digitalization, computers programs , apps, rain water harvesting, solar energy.

Suggestions for Group Activities

- Beti bacho- beti padhao, yoga/ meditation, restore and publicise local art, skill training, de-addiction help group, medical care camps, plantation etc.
- Bank for book/ food/ clothes/ equipment etc
- Pets care , heritage restoration, self help groups for needy.



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