

Seth RL Saharia Government PG College, Kaladera, Jaipur

Best Practice-1

Title: PROMOTING VALUES OF COMMUNITY SERVICES AMONG STUDENTS

Context

In order for an education to be complete, students must be made to feel for those who are less fortunate and marginalized. Getting involved in community service enables students to become active members of their community and impacts society in a positive way. Students gain self-discipline and critical thinking skills when they provide service to those in need and acquire life skills as well. In order for students to be role models and stay connected to their communities, they must remain involved in their communities. The regular volunteering of students in local communities is necessary to accomplish this goal. In addition to developing good citizenship, community connect enables students to build relationships with other members of society and develop real-world skills that will help them succeed in life.

Goals

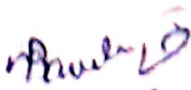
- To develops an increased sense of social responsibility and a heart for "giving back" and helping others.
- To provides an opportunity to apply academic learning to real-life events.
- To build relationships and 'social connectedness and exposes students to diversity and multiculturalism.
- To improves lifelong communication, interpersonal, and critical thinking skills.
- To help students find their passions and interests.

Practices

I. Village Adoption under NSS

Three villages are adopted under NSS at Seth RL Saharia Government PG College, Kaladera, Jaipur.

1. Raiger Basti, Kaladera
2. Narsinghpura
3. Indra Colony, Kaladera


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Village Adoption gives students the opportunity to work along with the community at the grass root level and enabling them for pursuing the goal of development of the village. Once the trust of the communities is won, they start cooperating with the NSS volunteers and approach them for solution of their problems. From December 21 to December 27, 2021, a seven-day special camp of all three units of the NSS was organized in the adopted settlements.

Various Activities done to connect communities and spreading awareness:

1. Corona Awareness Rallies and Activities:

(a) Mohalla Covid public awareness campaign was started in the month of May 2021 by forming a group on the online platform WhatsApp for Corona public awareness. Under this campaign, by following the guidelines of Covid-19, the volunteers, staying at their homes, created WhatsApp groups of 5 or more neighbours and denied the rumours related to Corona on social media. Correct information related to Corona, about availability of vaccine and health care and Covid Center was provided in the group.

(b) On 150th birth anniversary of Mahatma Gandhi and 75th anniversary of freedom struggle of Nation, a slogan competition was organized from 10.05.2021 to 15.05.2021 on the topic 'War of words against Corona' and from 16.05.2021 to 21.05.2021, a painting competition was organized on the topic "We have to wake up our loved ones, we have to save them from Corona" and from 22.05.2021 to 27.05.2021 an Essay competition was organized on the topic Save yourself, save your loved ones, make Rajasthan free from Corona.

(c) During the period from April to June 2021, volunteers actively participated in the public awareness campaign for prevention and prevention of Covid-19.

2. Mask Distribution during Corona

A team of NSS volunteers informed the people in the village on 13 January 2022 about the necessary measures to prevent Corona by repeatedly washing their hands, wearing masks, and maintaining social distance. They also distributed mask on this occasion.

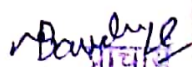
3. Swachhata Abhiyaan at PHC kaladera

A rally relating to Corona awareness and cleanliness was held in Kaladera village on 17 December 2021.

4. Nasha Mukti abhiyaan

Sadbhavna Saptah was celebrated in the college from 20.08.2021 to 26.08.2021. The following online competitions were organized on subject "Nasha Mukti Abhiyaan and Samajik Sarokar":

- Essay competition on "Nasha ek Samajik Abhishaap"


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- Posters competition on "Nasha Vinash ka Pratik"
- Slogan on "Nash eke Dushprabaav"

5. AIDS awareness

On December 01, 2021, the World AIDS Day program was organized. On this occasion, A Lecture and a rally was organized to spread awareness.

II. Anandam Program at College Level

By participating in the community, Anandam aims to instill the joy of giving and sharing in young people, making them responsible citizens and initiators of change for a healthy society. Student community service habits can be cultivated through daily acts of kindness and charity. The faculty emphasizes on a shift in focus – happiness comes from giving, sharing, and caring for others, not acquiring things. A faculty member also inspires students for individual social responsibility and instills compassion, open-mindedness, and a positive attitude in them.

Activities and project submission by students under Anandam Program:

1. Awareness among people about environment such as protecting and preserving natural resources and animal species (the flora and the fauna).
2. Plantation activities
3. Animal caring activities
4. Attending /caring old people
5. Local and social awareness programmes
6. Encouragement for Innovations and Startups
7. Helping in a plant a community garden etc.

III Blood Donation Camps at College

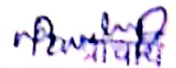
The purpose of blood drives is to raise awareness about the importance of voluntary blood donation to save lives and strengthen community bonds.

Activity done:

A blood donation camp was organized under the aegis of NCC.

Evidence of Success:

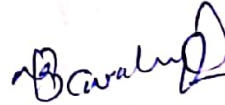
Community participation in education viewed as an effective means of promoting education both in qualitative and quantitative terms. These Community Services and involvement made students more critically aware of how their actions, individually and collectively, will hinder


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or help the world to meet future challenges; and help to mobilize and empower people with the knowledge and skills to participate more actively, more democratically, and more collectively in the development process. Community service activities helped students define their values, experience empathy, develop social skills, and learn about their community. Volunteering can also open doors to various career opportunities after completing higher education.

6.Problems Encountered

1. Initial difficulty in building trust with villagers.
2. The women of the villages needed a lot of coaxing to discuss their health issues.
3. Villagers were required to undergo continuous counseling in order to be admitted to a de-addiction center.
4. Students were first required to get trained for community service by the faculty.
5. Students and local community had certain misconceptions about donating blood, they needed great deal of motivation to get ready for blood donation.
6. Once the volunteers cleaned a colony / village, keeping it cleaned was difficult without the support of locals and many times they were not supportive.



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Best Practice-2

1. Title of the Practice: GENDER SENSITIVITY

2. Objectives of the Practice:

- To reduce the barriers caused due to discrimination and gender bias.
- To create the right kind of gender-sensitive environment leading to mutual respect regardless of their gender.
- To generate the awareness in regard to equality in law, social system and democratic activities.
- To create a society in which women and men enjoy the same opportunities, rights and obligations in all spheres of life.

3. Context:

Gender equality is one of the key challenges facing society today. It is imperative to maintain safety and security at every step of the way at a co-educational college. Therefore, the College takes great care to maintain a peaceful and disciplined campus. The College undertakes a number of activities through various committees and associations to create awareness on gender related issues and sensitise students. We supplement our curricular approach to gender sensitisation by organising various co-curricular activities through Girls' Mentoring Cell, Internal Complaints Committee, Gender Sensitisation Committee and Departmental Societies. These activities include various lectures, interactive sessions with experts, theme-based competitions and cultural and art programmes.

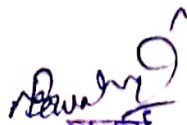
4. Practice:

(1) **Mahila Prakoshth:** The academic efforts in the direction of gender parity are supplemented by co-curricular activities of the Mahila Prakoshth with the aims to develop women holistically.

(a) The college organized a one-day workshop on 23.12.2021 with Rajasthan High Court Advocate Leena Pareek as the main speaker to make female students aware of their rights and concerns. Sanitizers and sanitary napkins were distributed for free.

(b) On the occasion of Women's Day, a lecture on the topic "Voice Management" was presented on 8.3.2022. The lecture was delivered by Neelam Krishnaya.

(c) On 13.4.2022, two competitions were held: a rangoli competition and a hairstyle competition.


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(d) On International Women's Day, March 8, 2022, lectures on "Mahila Adhikar avam Samajik Samjhouta" and "Women's safety and health" were organized and various competitions on the subject were held.

(2) Girls Mentoring Cell

Girls Monitoring Cell is constituted in the college as per the order of the Commissionerate. A drop box is available in the principal's room to solve the problems of girl students. In which girl students can write their problems without revealing their identity. Girl students can personally contact to the committee members to solve any kind of problem. The College is committed to regularly reviewing the effectiveness of the committee and procedures and making adjustments as and when necessary in response to the needs of those involved.

(3) Rajasthan Udaan Yojana: Menstrual Hygiene Scheme (MHS) to Provide Free Sanitary Napkins to Women

In this Muft Sanitary Pad Yojana, the state Govt. has started distribution of free of cost sanitary napkins to girls to promote menstrual hygiene among girls. This scheme is started to make women aware of physical hygiene and health conscious.

5.Evidence of Success: Through gender sensitization, students were able to change their behaviour and instil insight into their own and others' thoughts and viewpoints. By different activities girl students learnt how to examine their attitudes, beliefs, and the 'realities. During their college studies, the Mentoring Cell provided them with support if they encountered any difficulties.

6.Problems Encountered

1. Majority of students being from rural background, it was difficult to open them up to talk about menstrual issues.
2. Although girls are very talented n interested in extra n co curricular activities, they needed motivation n impetus to realise their potential.
3. Faculty n specially girls mentoring committee members had to put in a lot of efforts to instil a sence of confidence in girls so that they feel free to share their problems n could receive counselling.

7.Outcome: Successful completion of all the activilties and programs is achieved.


सहायिका

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