

BEST PRACTICES

Best Practice 1

Title of the practice- WOMEN EMPOWERMENT

“Empowering a woman empowers the next generation”

The college endeavours to create and disseminate knowledge “Knowledge is Power”, and impart liberal, modern, sound and quality education to women, especially from the rural strata of the society by providing the quality education. The college has entered its 75th year of inception. During the course of these long years, the college has been front runner in accomplishment of the mission and objective of promoting and empowering the women education in the region. The biggest challenge and need of the hour is to get employment after completing the education. THE CONTEXT Women constitute the total strength of the college. The majority of them come from drought and famine ravaged rural areas, where miserable conditions of utter poverty, illiteracy, ill-health and superstition take hold of their lives. This is the only government college in the region which is exclusively for women. The college caters to the needs of a very vast area of severely arid north west Rajasthan. The social stigma attached to co-education does not encourage girls to pursue higher education in a co-education institute. In this context providing women education, guidance for employment and training for self employment is in itself a distinctive and noble cause. All this is done without any tuition and coaching fees. THE PRACTICE The institution is a PG college for women governed by state government. It is affiliated to the MGS University Bikaner. The college presently offers UG programme in 22 subjects and PG programme in 5 subjects. The college follows the calendar prescribed by state government and syllabi formed by the university to which it is affiliated. Accordingly, theory and practical examinations are conducted as per university rules and regulations. Skill development and Pratiyogita Dakshata classes are designed in the benevolence of students to accommodate them in various fields in this competitive world. Students registered are from within the college and from outside the college, who aspire to be a part of government sector and preparing for the same. The teaching staff is well qualified and they are teaching various topics beneficial for students in competitive exams such as IAS, RAS, NET, SLET, Bank entrance, other RPSC exams. The faculty is involved in teaching without any remuneration. The college has organized several productive programs so far extensively under women cell, NSS, YDC for the overall development. Medical camp for girls for the treatment of women – related health problem are organized by doctors. Programs on the importance of sanitization and personal hygiene are also run from time to time. For this two vending machines and incinerators are installed in the college. Self defence through judo karate, Yoga and meditation for mental health and fitness, debates, sessions

and discussions with NGO's, police officials to acquaint the students on human rights, local visits to industries and seminars for personality development are other major activities. Evidence of success The success is evident in the high pass percentage of students of the college. Every year the students of the institute feature in the merit of the university in various subjects. The students of the college participate and win the district/division or state level competitions in sports, drama, music, debates, quiz etc. The former students of the college are placed in very high positions. The list of successful college alumni is everlasting. They belong to every field, be it education, administration, judiciary, defence, social services or entrepreneurship. Mountaineer Sushma Bissa is a renowned name in field of adventure. Vibha Bisht and Kaushalya Maru are famed artists of Akashwani and Doordarshan, whereas Mansi Panwar and Pallavi Panwar are international folk dancers. Many of the students here are now adorned as Assistant and Associate Professors in the same college. This indicates the quality education in the college. College offers pratyogita classes for preparation of competitive examinations. There are 976 students registered for these classes that include college students and girls from outside the college. The courses are quite beneficial for the students and helps them in selection in the earlier mentioned courses. Problems encountered and Resources required Though the institute is a PG college, it offers only 5 PG courses in Arts faculty. The need and demand is for more PG subjects and UG Courses are also needed like Geography, Computer Application, Physical Education and Fine Arts. The college administration and student unions time and again keep sending demands of this effect to government. With adequate publicity and continuous encouragement, still the number of registered students for Pratyogita dakshta classes and skill development courses need more encouragement. Ensuring the all – round support and participation of rural students in the programs is a challenging task.

Best Practice 2

Title of the Practice - Environment conservation for Next Generations

The College not only believes in developing values but also in providing solutions to meet new needs and maximizing its educational objectives. The teaching learning environment and extension activities are mapped and carried out with an objective of instilling sense of social fulfillment and responsibility among students. "Save the environment & you will save the life & future", keeping this motto in mind Eco club was established in the college in the year 2008-09 as per the direction of the Commissionerate, College Education with an aim to inculcate environmental awareness and evolve a spirit of Eco-friendliness amongst not only the young students but also in the minds and hearts of the entire staff of the institute. The Context It is said that "conservation starts with education". This has been firmly rooted in the curriculum and extra and co-curricular

activities of the college. The environmental awareness has been embraced by the institute and this awareness has been passed on by the faculty to the students and the generations to come. In the challenging extreme environment of Rajasthan, the institute is putting all its efforts in keeping a green and clean campus. Helping the environment and preserving the available resources is the dictum of the college. Institutional values & best practices of the college are reflected in its teaching, results, research, student progression and all its endeavors of social relevance. The biggest resource available for implementing these provisions is the students of the college. College faculty and students are encouraged and given knowledge to sustain natural resources and enhance its quality. To reduce vehicular pollution faculty and the students are motivated for sharing of vehicles & using bicycles. Adequate gardening tools, implements, machines and accessories have been procured and issued for the purpose. Sufficient waste bins have been placed within the campus & wheel barrows have been acquired and are being utilised accordingly. Various measures are taken to reduce & reuse solid waste to make our campus eco-friendly. For this, dried leaves & decaying organic material is collected and buried in different pits, dug at various corners in the periphery of the college. The compost fertilizer formed, as a result of this is adequately used for the trees, plants and garden areas. Energy efficient LED lights and solar lights have been installed at various places in the campus (in place of regular bulbs). The institute conducts awareness programmes to educate the students regarding the benefits and methods of energy conservation. The staff and students switch off fan and lights when not required. All the air-conditioners are maintained at above 24 degree Celsius temperature. In dry climate like Bikaner, where there is a scarcity of rain or natural resources, it is mandatory to preserve whatever it has. Rain (roof) water harvesting system is a popular method for water preservation. Rain water harvesting system has been installed wherein rain water is channeled to the existing underground wells. This enhances the underground level of water which is used for different purpose in the college. The college strives to generate minimal waste & tries to reduce the use of plastic wherever possible. College administration has declared the entire campus as "Plastic Free Campus". The college has many solid waste disposal bins placed at various locations in the campus. Solid waste like broken glass beakers, test tubes, rubber tubes etc. are thrown in these bins which is then collected by government agency like Nagar Parishad. Use of pesticides & other harmful chemicals in the garden is replaced by adopting organic methods of gardening wherever possible. In order to dispose the acid fumes, chemistry labs are equipped with exhaust fans. Mild chemicals are used for cleaning and maintaining the campus. The college has been declared as "No Tobacco zone". Evidence of success Plantation :- Time to time volunteers & Eco club plant trees & saplings in the campus in order to make campus green & conserve environment. NSS also arranges plantation in the campus. De-addiction Drive :- Under the impact of

de-addiction drive in India, NSS volunteers organized an online poster competition for the purpose in which a large number of students participated. Posters are placed at various locations in the campus indicating it a Tobacco Free Campus. Clean India Drive :- The college runs cleanliness drive in the campus throughout the year. It is a responsibility of every student to keep the campus clean. In addition every year NSS organizes cleanliness camps in and near by campus, thus making the drive successful & meaningful. On 2 nd Oct. every year NSS organizes Plogging Run (Pick up trash including plastic to clean the road & side walks) thus making the campus clean & plastic free. Rain Water harvesting Tank - Four tanks for the purpose were built by PWD under Mukhyamantri Jal SwavalambanYojana costing approx. 24 lakhs rupees. Eco Club - An eco club has been incorporated & kept in place for the development of the beautification of the college which is successfully imparting the importance of preservation of environment and nature in its base form. Secondly, the activities carried out under the aegis of eco club have brought a pleasant sea change in the college campus, which is now abundant with trees, climbers and twiners, flowering and ornamental plants, hedges & Lawns.