

## BIODATA

**Name:** Dr. Nidhi Agarwal  
**Father's Name:** Sh. Deen Dayal Singhal  
**Official Address:** Government M S College for Women, Bikaner  
**e-mail:** nidhi10agarwal@gmail.com  
**Designation:** Associate Professor

### ORIENTATION/ REFRESHER COURSES

1. Refresher course by ASC JNVU, Jodhpur
2. Orientation course by ASC, University of Rajasthan, Jaipur
3. Refresher course by ASC Panjab University, Chandigarh
4. Refresher course by ASC JNVU, Jodhpur
5. Orientation course for NSS Programme Officers of Education Department from 15-24 January 2008 conducted by Training and Orientation Centre NSS, HCMRIPA, Jaipur

### INTERNATIONAL CONFERENCES/ SEMINARS

1. International conference on 'Peace and Conflict Resolution in Globalised World- Issue of Culturalism (Indian Perspective)' from January 4-6 2007 organised by SS Jain Subodh PG College, Jaipur  
**Presented paper: Food as a bridge for Peace**
2. 12<sup>th</sup> World Lake Conference 'TAAL 2007' held in Jaipur, India Hosted by Ministry of Environment and Forests, Government of India & Co-hosted by ILEC during 28 Oct- 2 Nov 2007  
**Poster presentation: Wetlands: Future on stake**
3. International seminar on 'Technological Development in Contemporary Era- A Threat to Environment at National and International Strata: Challenges and Remedies' from 11-12 November 2017 organised by Nehru Memorial Law PG College, Hanumangarh.  
**Presented paper: Role of Organic Farming in Environmental Safety**
4. International conference on 'Role of ICT in Higher Education and Research' from 5-6 Oct 2018 organised by SS Jain Subodh PG (Autonomous) College, Jaipur  
**Presented paper: Home Science Teaching: A New Perspective**
5. International Workshop and Symposium on 'Green Chemistry & Technology' from 15-17 Oct 2018 organised by PG Department of Chemistry, Govt. Dungar College, Bikaner

6. International seminar on 'Value of Technology in Education, R & D and Quality of Life in Indian Market' on 4<sup>th</sup> Jan 2019 organised by Manda Institute of Technology in Association with HIRUN Technology Thailand

***Presented paper: Role of emerging tools and techniques in teaching in Home Science***

#### **NATIONAL LEVEL SEMINARS**

1. 36<sup>th</sup> RGA National Conference on 'Changing Geographies & Quest for Sustainability' from 26-28 Sept 2008 organised by Department of Geography, Dr BRA Govt College, SriGanganagar

***Presented paper: Wetlands: Vital for Ecosystem's Sustainability***

2. UGC sponsored National Conference on 'Challenges of Modern Society to the Family Structure' from 28-29 Nov 2008 organised by Department of Home Science, Sona Devi Sethia PG Girls College, Sujangarh

***Presented paper: Growing Elderly Population: A Challenge for 21<sup>st</sup> Century***

3. UGC sponsored National Conference on 'Gandhi Darshan: Sam-samyak Vishwa Mein Prasangikta' from 12-13 Nov 2011 organized by Lohiya PG College Churu

***Presented paper: Vegetarianism and Diet: Gandhian Perspective***

4. National Seminar on 'Women's Rights: Challenges & Solutions- Honoring Women's Rights' from 13-14 January 2016 organised by SESOMU Girls College, Sri Dungargarh, Bikaner

***Presented paper: Challenges of being a Woman in India***

5. UGC sponsored National Seminar on 'Human Rights: Implementation and Challenges' on 5-6 September 2016 organised by Govt. College, Khetri

***Presented paper: Human Right: Scope & Challenge in Indian Context***

6. National Conference on 'Multiple Manifestations of Women 'Women in Indian Society' from 23-24 December 2016 organised by SS Jain Subodh PG Autonomous College, Jaipur

***Presented paper: Thriving as a Working Mom***

7. UGC sponsored National Seminar on 'Human Rights: Issues and Social Transformation' from 6-7 Jan 2017 organized by Department of Sociology and Political Science, Maharana Pratap Govt PG College Chittorgarh

***Presented paper: The Right to Food is a Birth Right***

8. National seminar on 'Women Empowerment: Challenges & Prospects' on 9<sup>th</sup> September 2017 organised by Post Graduate Studies, SKRAU Bikaner

***Presented paper: Working Women: Challenges in work life balance***

9. Ek divasiya Rashtriya Paricharcha on 'Stri Vimarsh- Vibhinn Aayam' on 3<sup>rd</sup> Nov 2017 organised by Centre for Women Studies, MGSU, Bikaner

***Presented paper: Role of Women as a Nation Builder***

10. Do divasiya Rashtriya Sanskrit Sangoshthi on 'Nari Tu Narayani' from 24- 25 Jan 2018 organized by Rajasthan Sanskrit Academy Jaipur and CWS, MGSU, Bikaner  
**Presented paper: Naari: Khadya Suraksha ki Dhuri**
11. National seminar on 'Revisiting Ramayana' from 17-18 Jan 2019 organised by Department of English and Madan Mohan Malviya Centre for Value Education, MGSU, Bikaner  
**Presented paper: Food Habits of Lord Rama during Exile**
12. National conference on 'Transformation of India: Opportunities and Challenges' from 17- 18 Sept 2018 organized by SS Jain Subodh PG ( Autonomous) College  
**Presented paper: Hunger: A Stigma on Humanity and Development**

#### **STATE LEVEL SEMINARS**

1. UGC sponsored State Level Seminar on 'New Dimensions in Home Science' from 4-6 Oct 2005 organised by Department of Home Science, Ch. BRG Govt. Girls PG College, SriGanganagar (Rajasthan)
2. State level seminar on 'Bhumandalikaran Ke Daur Mein Samajik, Aarthik, Rajnitik aivam Sanskritik Chunautiyan: Bharat ke Vishesh Sandharbh Mein' from 27-28 Jan 2015 organised by Govt. MS College for Women, Bikaner  
Presented paper: Food: A Fundamental Tool of Global Health

#### **LECTURES**

1. Lecture on 'Women Health and Nutrition' in the On campus training organized on World Health Day 8th April 2010 by Krishi Vigyan Kendra, Sri Ganganagar

#### **WORKSHOPS**

1. Workshop on Pleasant Personality from 14-16 Dec 2006 organised by Women Study Centre, Ch. BRG Govt. Girls PG College, Sri Ganganagar
2. One week Workshop on 'Memory Enhancement' from 18-24 Dec 2009 organised by Yuva Vikas Kendra, Ch. BRG Govt. Girls PG College Sri Ganganagar under the sponsorship of Government of Rajasthan
3. NSS Two Day Divisional Workshop on Sampradayik Sadbhav Aivam Rashtriya Ekta ke Liye Yuva organized by BJS Rampuriya Jain Law College Bikaner in collaboration with The Commissionrate of College Education Rajasthan from 24-25 Jan 2012
4. Short course in Fruit and Vegetable Preservation by Domestic Art Training Institute Delhi from 7-12 Jan 2013 at Govt. M S College for Women
5. One Day Workshop on Legal Awareness and Youth by BJS Rampuriya Jain Law College Bikaner on 29<sup>th</sup> Jan 2013

6. NSS Divisional level Workshop on Marusthaliya Jilon Mein Vikas ki Vishesh Yojnayein from 3-4 Jan 2014 by Govt. Lohiya College Churu
7. Three Day Training of Trainers (TOT) Programme on Sensitization of Urban Youth on Gender Based Violence in Rajasthan for Program Officers of NSS sponsored by UNDP and organized by Society to Uplift Rural Economy (SURE) from 10-12 April 2014
8. Short course of Food and Vegetable Production by Indian Food Production And Training Institute Rudayan, Aligarh from 16-18 Jan 2017 conducted at Govt. M S College for Women, Bikaner
9. National Workshop on Holistic Development of Personality and Character Building on 9<sup>th</sup> Nov 2017 at Govt. M S College for Women, Bikaner
10. IQAC Writeshop on 17<sup>th</sup> Dec 2018 conducted by MGSU, Bikaner
11. National Workshop on Itihaas Pathyakram Nirmaan mein Rashtriya Drishti: Vidhyarthi Sandharbh from 20-21 Jan 2017 conducted by Govt Dungar College, Bikaner
12. National Workshop on 'Recent Trends in Geography: Teaching and Research' from 27-28 Jan 2017 organised by Department of Geography, Govt Dungar College, Bikaner  
Presented paper: Wetlands: An integral part of ecosystem
13. Online Training course on Digital Training Tools organized by HCM RIPA Jaipur on 2<sup>nd</sup> September 2020
14. Online Mid Career Training Programme organized by HCM RIPA Bikaner from 23-27 Nov 2020

#### **FACULTY DEVELOPMENT PROGRAMME**

1. 10 Day 1 hour daily FDP (Faculty Development Programme) at Government M S Girls College Bikaner from 27.01.2012 to 07.02.2012
2. 10 Day 1 hour daily FDP (Faculty Development Programme) at Government M S Girls College Bikaner from 28.01.2013 to 07.02.2013

#### **PEV TRAINING**

1. One day PEV Training Program on 8<sup>th</sup> Nov 2014 at Government M S Girls College Bikaner

#### **RESEARCH PUBLICATIONS**

1. M Agarwal and N Singhal Dietary Intake and Prevalence of Anaemia in Elderly Residing in Jaipur, Rajasthan, Nucleus An Interdisciplinary Journal of Humanities and Social Science, Vol. V No. 2, July-Dec 2005, 47-56 (ISSN 0972-7523).

2. Nidhi Agarwal Wetlands: Future on Stake, Proceeding of TAAL 2007: The 12<sup>th</sup> World Lake Conference, Hosted by Ministry of Environment and Forests, Government of India & Co-hosted by ILEC, Sengupta M and Dalwani R (Editors) 2008, 1312-1314.
3. Goswami Indira, Agarwal Nidhi, Srivastav Rosy, Research Journal of Arts Management and Social Sciences, Vol X, Hindi II Year V, March 2014, 216-222 (ISSN 0975-4083).
4. Agarwal Nidhi (2014) Diet and Nutrient Intake of the Elderly Residing in Jaipur City, Rajasthan. Internat. J. Appl. Home Sci., 1(1-3): 16-20 (ISSN 2319-8524).
5. Indira Goswami, Nidhi Agarwal, Rosy Srivastav, Global Journal of Higher Education, Vol II, Issue III, April 2014, 16-18 (ISSN 2319-8524).
6. Agarwal Nidhi (2017) A study of the Dietary Pattern of 60 plus Population residing in an Agriculture based area of Rajasthan. Internat. J. Appl. Home Sci., 4(7 & 8): 489-493 (ISSN 2319-8524).

## **BOOKS**

1. Prathmik sahayata evam grih paricharya  
Authors: Ms. Manorama Baid and Dr. Nidhi Agarwal
2. Aahaar evam Poshan Vigyan 2nd Edition 2014 (ISBN 978-81-923101-6-9)  
Authors: Dr. Nidhi Agarwal and Ms. Sangeeta Rachiyata

## **CHAPTER IN BOOK**

1. 'Nutritional Profile of 60+ population in Jaipur', Nidhi Singhal and Mukta Agarwal 102-106. Published in Edited Book 'Challenges to the changing status of the Aged' 1<sup>st</sup> Edition 2007, Editor Dr. (Mrs) Usha Kothari. Published by Books Treasure, Jodhpur, ISBN 81-900422-2-X.
2. 'Beti hai toh vansh hai' Sangeeta Rachiyata and Nidhi Agarwal 137-142. Published in Edited Book 'Samkaleen Sahitya mein Stri Lekhan' 1<sup>st</sup> Edition 2017 Editors Dr. Madhubala Sankhla and Dr. Sanju Srimali. Published by Raj Publishing House, Jaipur, ISBN 978-93-81005-23-1.
3. 'Naari khadya Suraksha ki dhuri' Nidhi Agarwal 129-131. Published in Edited Book ' ' 1<sup>st</sup> Edition 2019, Editor Dr. Meghna Sharma. Published by Vikas Prakashan, Jublee Nagri Bhandar, Bikaner, ISBN 978-93-80917-57-3.

## **PROJECTS**

1. Worked as Field Investigator in the UNICEF sponsored project entitled 'Nutritional status of rural children in some districts of east Rajasthan'.
2. Worked as Field Investigator in the DWCD UNICEF sponsored project entitled 'Baseline survey for bal poshan project (ICDS) Rajasthan 1993'.

3. UGC sponsored Minor Research Project 'Nutritional status of retired Govt. personnel residing in an agriculture based area of Rajasthan'.

#### **PRACTICAL MANUALS**

1. Prayogic Aahar Vigyan (Dr. Nidhi Agarwal)
2. Prayogic Prathmic Sahayata evam Grih Paricharya (Ms. Manorama Baid & Dr. Nidhi Agarwal)
3. Prayogic Dhulai evam Silai Kala (Dr. Nidhi Agarwal & Ms. Swarnlata Singh)
4. Prayogic Aahar Niyojan (Dr. Nidhi Agarwal & Ms. Sangeeta Rachiyata)
5. Prayogic Paridhan Nirmaan (Dr. Nidhi Agarwal & Ms. Swarnlata Singh)
6. Prayogic Aantrik Sajja (Dr. Nidhi Agarwal & Ms. Sangeeta Rachiyata)

#### **LIFE MEMBER**

1. Home Science Association of India
2. NUCLEUS