



GOVERNMENT GIRLS COLLEGE, SADULSHAHR

BEST PRACTICES

BEST PRACTICE – I

Title of the Practice: Upliftment of the Girls from Rural Backward and Border-belt area through Quality Education.

Government Girls College, Sadulshahar is located in the heart of a small town Sadulshahar named after Maharaja Sardul Singh, son of Maharaja Ganga Singh, who established it. It is a great agriculture based industry centre in Rajasthan. This town is situated on the border of Punjab and Rajasthan. The College envisages the dream of socio-economic uplifting of the girls of rural masses and their overall development through quality education. It has been successful in marching ahead and taking efforts endlessly for the betterment of socio- economically and educationally economically and underprivileged section of the society. Most of the girls in this area lack familial support to pursue higher education and career. The vast majority of students are compelled to get married at an early age. There are not many job opportunities in and the men are basically into ancestral business. Besides many girls come from minority community where education is not considered to be an asset. To overcome this mind set the institution is committed to working in the field of Higher Education to empower the girl child. Apart from imparting education, it endeavours to motivate the young generation girls to establish a social order based on dignity of labour as well as moral and spiritual values. The college also aims at imparting futuristic education and instilling high standards of discipline among its students. Moreover it aims to foster benefit the whole human race.

Objectives of the Practice :

- To empower the girls from rural, backward and border-belt area through quality education.
- To provide a quality education under the supervision of experienced and qualified faculty members
- To provide scholarships to the deserving students.

- Laying holistic development of our girls personality by ensuring their participation in co-curricular and extra-curricular activities.
- Making our girls employable in job market by conducting skill development programmes.
- Developing the overall personality of our girls and instilling the requisite confidence and sense of morality in them to face life.
- Girls are motivated to compete in Martial arts to equip them with the techniques and skills necessary to effectively protect themselves.

Practice:

The College follows the guidelines issued by the Commissionerate, College Education, Government of Rajasthan, Jaipur for the implementation of welfare measures for the socio-economic upliftment of the area by providing quality education to the girls. The College has well defined mechanism to provide financial support in form of fee concession, scholarships to poor, needy and deserving students. Apart from various scholarships the Rajasthan State Government has created the Kalibai Bheel Medhavi Chatra Scooty Scheme and Devnarayan Girls Scooty Scheme to distribute scooters to deserving female students. This initiative inspires the girls to pursue excellent higher education and become self-sufficient.

The Placement and Counselling Cell of the College shoulders the responsibility of equipping students of this area with knowledge, practice, attitude necessary for job market skills to earn appropriate employment or become entrepreneurs.

The institution has made commendable growth over the years in its infrastructure and facilities to cope with the changing scenario of higher education and modern demands in the context of globalization. The campus has Wi-Fi connection with internet bandwidth of 60 mbps.

The College is working on establishment of e-library facility in which there will be a separate enclosure for students and teachers to work on computers for accessing e-resources. Additionally, the library will have access to e-resources through a programme entitled Information and Library Network (INFLIBNET).

Under 'I M Shakti Udaan Scheme' launched by Rajasthan government in December 2021 sanitary napkins are distributed free of cost to all the girls for taking care of their 'Health and Hygiene'. Girls belonging to rural background even today do not speak openly on the subject such as menstruation. This scheme helps the women to move ahead from the hygiene and health point of view.

The College has a proper student mentoring system which has been working efficiently on continuous basis. Mentors conduct regular meetings with their mentees to attend their problems and issues. Apart from this all the faculty members make WhatsApp groups of their students for timely

circulation of information regarding admission, fee deposition, scholarships, time table and any other information on daily basis. Keeping in view that our girls are basically from rural background and at times they don't even have mobile phones with them and at times do not get to read the messages sent to them. In these situation the teachers even call them/their parents to guide them/inform so as they don't miss any important information.

The Placement cell organizes job fair for the students. Skill development programmes organized or arranged by the college prepares students for the demands of the workforce, enhances their social and emotional well-being, and helps them become more well-rounded individuals.

There is a provision of various schemes to be implemented to support students from rural backward area as Book Bank Scheme, Special attention for slow learners, Counselling the girls on academic , career and personal issues, Admission on nominal annual fees etc.

The water purifiers, neat and clean toilets, green and clean ambience, waste management are few initiatives taken by the College to provide hygienic environment to students.

Evidence of Success: The College has made notable contribution in shaping careers of its thousands of students and played important role in the overall development of them who in turn have brought laurels to the College. The students attained top positions in academic, social, cultural, sports activities.

Following facts prove attainment of course outcomes and programme at college level:

Pass percentage of students during last 5 years has been more than 95%.

During the last five years seventy two students pursued masters programme in this college, whereas many students entered higher education in district colleges.

Our student Miss KomalMunjali was awarded Gold Medal for standing First in M A Home Science Examination 2020.

The Ranger girls of this college successfully completed Nipun Training Camps, Rajya Puruskar Training Camp during the last five years. Four Rangers were selected and have successfully attended 18th National Jamboree at Rohat in Rajasthan Pali District in 2022-23.

The girls of this institute have performed exceedingly well in sports and Cultural events. Thirty three students won medals including gold, silver and bronze particularly in Martial Arts, namely Qwan-Ki-Do, Karate, Punching Slide and Wushu. The girls earned laurels by winning medals in In Inter-College and Inter-University Tournament in Martial Arts. In addition our students won state level Solo song competition in 2019.

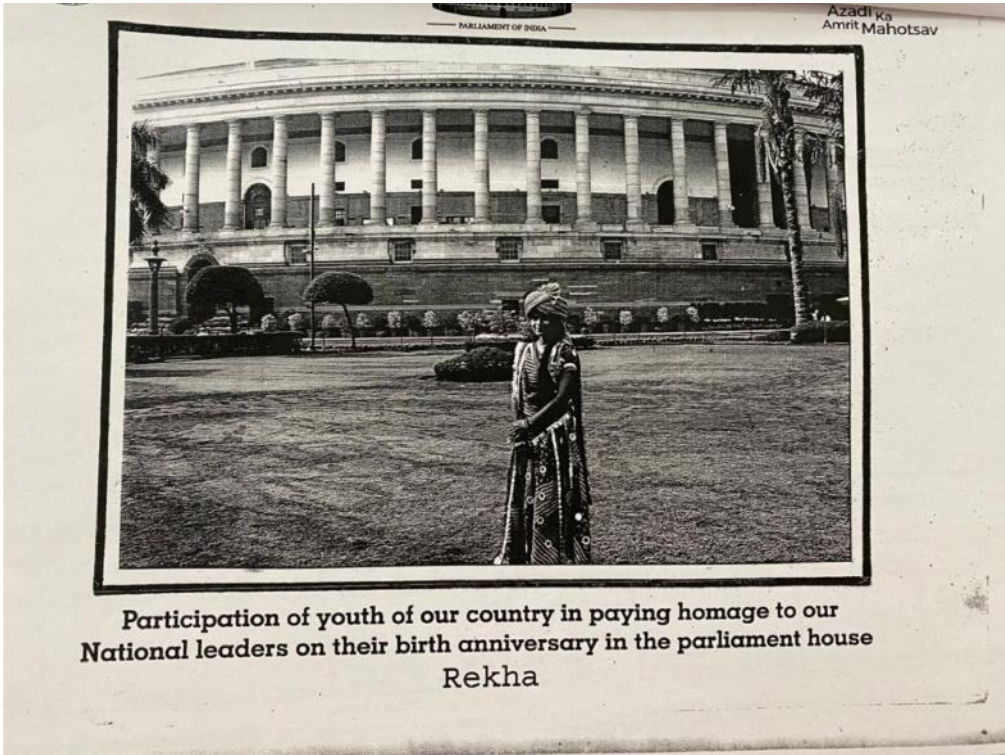
There is a separate committee for prevention of sexual harassment of women (chitra utpidan nivarana evam Garima peti sandharan samiti) at work, which address the issue pertaining to sexual harassment. There is also an Anti-Ragging committee which is in operation which takes ragging related issues. Not a single instance of ragging has so far been noticed during the last five years.

During the last five years 614 students got benefited from NSP (Meritorious and Minority) ,CM scholarship, and Uttar Matric Scholarship, whereas thirty two girl students were awarded scooties under Kali Bai Bheel Medhavi Scooty Yojna. Still the scholarships for the session 2022-23 are on the way, as the process is still ongoing.

Career and Guidance Cell of the college organizes many programmes to hone the employability skills of the students. One of our girl-student, Rekha D/o Om Prakash, M. A political science got hired by Nehru Yuva Kendra Sriganagar. She has also been actively involved and formed the Mahila Mandal at her own village ChakSohanawwala which is 8 km from the college, working on community development activities at her village. She is the President of this group named Jhansi Ki Rani Lakshmi bai Mahila Mandal, the group she formed after taking training on 'Youth Leadership and Community Development'.

Problems Encountered and Resources Required: The students enrolled in the College are generally from socio-economic backward area. Their parents are not much educated. Some time it is very difficult to convince them to let their ward go for higher education as for girls they prefer marriage at early age and they want boys should take up some jobs. The awareness regarding the importance of education for girls should be made as due to some other problems faced are:

- Lack of frequent conveyance connectivity for girls coming from remote villages
- Enabling the students to improve their English communication to cope with the global competencies
- Non availability of commerce stream and PG programmes in many subjects.
- Lack of hostel facility .
- Creating sufficient job opportunities
- It is too difficult to run programmes in vocational education due to inadequacy of funds and lack of administrative autonomy.
- We are dependent on government for recruitment on different posts. We also rely on Government budget for infrastructure development.





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राजकीय महाविद्यालय में भी वैज्ञानिक हूँ कार्यक्रम आयोजित



राजकीय महाविद्यालय में भी वैज्ञानिक हूँ कार्यक्रम आयोजित

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राजकीय महाविद्यालय में भी वैज्ञानिक हूँ कार्यक्रम आयोजित



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BEST PRACTICE – 2

Title of the Practice: Environment Consciousness and Sustainability

Government Girls College, Sadulshahar campus is a lush green and sprawling oxygen rich and eco friendly seat of quality learning. A large village named "Matili" was transformed into Sadulshahar after 1947 which is situated on the border of Punjab and Rajasthan in district Sriganganagar of Rajasthan.

The natural location advantage to this green campus offers countless opportunities to enhance the eco-friendly practices in the campus. The current global climate crisis imposes the institution to consider the environment consciousness as its paramount duty to develop its high standards for environmental friendliness and applaud the practices that continue to arrange and work on the cutting edge of environmental innovation. The college deems it as its prior responsibility to make society aware of deteriorating environmental parameters and also prodding them to adopt eco- friendly ways through environmental policy advocacy, promoting environmental awareness and local participation in conservation efforts to minimize the threat.

Objectives of the Practice :

- Inculcate the Green protocol among students and faculties.
- Dissemination of environmental literacy to motivate students, teachers and supporting staff.
- Establishment of an efficient way for waste management and recycling systems.
- Energy optimization for enhancing energy utilization.
- Transformation of the campus into pollution free and environmentally friendly zone.
- Green Campaign initiative focusing students regarding awareness of the benefits for adopting green practices.

Practice:

The following initiatives have been taken in the campus to contribute to the noble cause of Environmental Consciousness and Sustainability:

Green Campus Campaign: The College familiarized green campus campaign to promote sustainable and eco-friendly follows in the campus and to make the earth inhabitable for the living beings which is essential for the profitability of future generation. Regular maintenance of lawns is done by gardener.

Plastic Free Campus: The programme aims to reduce plastic pollution in the college campus with special focus on the reduction and elimination of plastic bottles, plastic straws, utensils and plastic food packaging. Instead of buying bottled water students are encouraged students to use refillable like stainless steel bottles or glasses instead of plastic bottles.

Waste Diversion: Separate dust bins are provided to collect degradable and non-degradable wastes in solid, liquid and e waste forms. The biodegradable waste is put in the Compost units so that it gets converted into organic manure. The non-degradable waste is given to approve local vendors.

Water Usage: The rain water harvesting system was established in the campus for the effective management of water. This innovative measure has contributed tremendously towards the alleviation of water shortage.

Energy Management: The College is working on the installation of Solar Panel which will be a very encouraging step towards using renewable and inexhaustible clean energy source.

Tree Plantation Drive: The College has organizes Tree Plantation Drive in the college premises. On the recommendations of the IQAC, the College has decided that avenue trees will be planted in the campus, besides labelling all the plants and the trees in the college for their identification will be carried out.

Clubs and Societies: The College has various societies and forum for implementing various green initiatives like NSS and Rangers and Eco Club, Science Club to boost up students engagement and participation in various awareness drives. On the recommendations of the IQAC, these clubs were formed and they organize various programmes in and outside the college on environment related issues.

Other Practices: The Environment Education is a part of our curriculum. Our students understand the value of extras derived from clean and green environment. Energy consumption in the college has been drastically minimized by arranging awareness programmes on the indispensability and compulsion of energy saving besides putting stickers (Switch-off the equipments and lights when not required!) on switch boards and all connected places.]

The three R's - reduce, reuse and recycle –The students are made aware about are three approaches, and the most environmentally preferred. Reducing, reusing and recycling waste helps save landfill space by keeping useful materials out.

Evidence of Success: The concept of green campus campaign and environmental friendly practices in the campus resulted in growing a clean and green campus.

The workshops and seminars on environmental issues created awareness among the students.

Proper waste management system for all types of waste produced in the campus.

Students are taught sustainable environmental concept to up cycle plastic waste into beautiful artefacts under best out of waste activities carried out. Girls of Home Science Department have made beautiful pieces out of waste material.

The students were also demonstrated the method to construct vertical garden with the help of plastic coke bottles using evergreen plants like *Portolaca* and *Tradescantia* to create beautiful corners in the college as well in their houses. A sample of vertical garden adorns a corner of our college.

Disposal of non-degradable and degradable wastes into separate dust bins facilitated the waste management more effortlessly.

Green power generation by using solar panel to combat the use of conventional electricity ingestion.

Use of renewable and sustained energy sources like LED bulb inside the campus.

The Eco-Club and Science Club have succeeded in fostering an energy conservation culture and attitude among students, staff and masses in nearby areas.

Neatness programs conducted by NSS from time to time.

Encourage to students and teachers for save electricity, save papers, save waters, use of dust bins etc.

Environmental awareness program (single use of plastics awareness) conducted by NSS unit of the college.

Problems Encountered and Resources Required : Sometimes it becomes difficult to convince people including students and staff regarding the existence degradable environment practices and their dreaded consequences. The awareness programmes and carrying out door- to- door campaigns will help to overcome the obstacles.

The financial resources are always needed to secure success in organizing these programs. The coordination from external agencies is required to put theory in practice. The programme with external agencies should be organized to let people of the area understand the importance of environment cleanliness and up-gradation.





100 छात्राओं ने स्वयंसेवक के लिए दर्ज करवाया नामांकन



सादुलशहर, राजकीय महिला महाविद्यालय में आयोजित कार्यक्रम में उज्ज्वल छात्राएं।

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सादुलशहर, राजकीय महिला महाविद्यालय में श्रीमंगानगर के नेहरू युवा केन्द्र व गांव चक सोहनेवाला के झांसी की रानी लक्ष्मीबाई महिला मण्डल के संयुक्त तत्वावधान में मण्डल अध्यक्ष रेखा इंदलिया के नेतृत्व में एक दिवसीय सपन स्वयंसेवक नामांकन कार्यक्रम का आयोजन किया गया। कार्यक्रम के मुख्य अतिथि कार्यवाहक प्राचार्य डॉ. देवेन्द्र शर्मा ने छात्राओं व समाजसेवा के बारे में व्याख्या दिया। एनएसएस प्रभारी कुलदीप सिंह ने छात्राओं को सामाजिक कार्यों में बढ़ चढ़कर भाग लेने के लिए प्रेरित किया। मण्डल कोषाध्यक्ष हरमीत कौर ने बताया कि कार्यक्रम में स्वयंसेवक के 100 छात्राओं ने नामांकन दर्ज करवाया।

राष्ट्रीय सेवा योजना तहत श्री गुरुद्वारा साहिब की सफाई की



स्वयंसेवी विद्यार्थी श्री गुरुद्वारा साहिब में सफाई करते हुए।

सवेरा न्यूज/सेटी सादुलशहर : राजकीय महिला महाविद्यालय की राष्ट्रीय सेवा योजना की इकाई ने गांव तखरहजारा गुरुद्वारा साहिब के प्रांगण में सात दिवसीय शिविर का शुभारंभ प्राचार्य डॉ. हरतेज सिंह कलसी द्वारा दीप प्रज्ज्वलित कर किया गया इस कार्यक्रम की अध्यक्षता डा. पुनम दत्ता ने की 7 एनएसएस प्रभारी कुलदीप सिंह ने सात दिवसीय शिविर की योजना की विस्तृत जानकारी दी। डा. हरतेज सिंह कलसी ने स्वयंसेवी छात्राओं को सेवा तथा सामाजिक सरोकार से जुड़ी गतिविधियां करके अपने सामाजिक जीवन का निर्वाहन करने के लिए प्रेरित किया। डॉक्टर पुनम दत्ता ने राष्ट्रीय सेवा योजना से संबंधित अपनी अनुभवों को साझा किया तथा स्वयं सेविकाओं को पूर्ण मनोयोग से सेवा कार्य करने के लिए प्रेरित किया। डॉक्टर देवेन्द्र कुमार शर्मा ने आज के स्वच्छता संबंधी कार्य के लिए संपूर्ण गुरुद्वारा साहिब तथा आसपास के क्षेत्र की साफ सफाई संबंधी तथा उसके सेवा फल संबंधी लाभ के बारे में बताया।

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PHOTOGRAPH / FAZILAKHILLION
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श्रीमंगानगर जिला भास्कर 06-11-2022

महिला कॉलेज में एनएसएस छात्राओं ने की सफाई



भास्कर तंकाददाता | सादुलशहर

स्थानीय राजकीय महिला कॉलेज में राष्ट्रीय सेवा योजना तत्वावधान में एक दिवसीय शिविर का आयोजन किया गया। प्रार्थना व योग क्रियाओं से शिविर शुरू हुआ। स्वयंसेवी छात्राओं ने महाविद्यालय परिसर, कक्षा कक्ष, पुस्तकालय, प्राचार्य कक्ष व कार्यालय एवं बरामदे की सफाई की। खेल मैदान साफ किया। झाड़ियों की कटाई कर खेल मैदान में पौधों की देखभाल की। पुस्तकालय में पुस्तकों के रखरखाव में सहयोग दिया। प्राचार्य पुनम दत्ता व प्रभारी कुलदीप सिंह ने स्वयंसेवी छात्राओं को प्रेरित करते हुए कहा कि समूह के रूप श्रमदान व सहशैक्षणिक गतिविधियों में सहभागिता से सकारात्मक सोच मजबूत होती है। हम नैतिक मूल्यों की ओर अग्रसर होते हैं। इसमें रणजीत कौर, मनिंद्रजीत कौर, इश्विंद्रकौर, मधुलिका परमार, प्रियंका, रमेश व विपिन कुमार सहित स्टाफ के सदस्य उपस्थित रहे।

स्वच्छ भारत व प्लास्टिक मुक्त भारत अभियान का आगाज



सादुलशहर, राजकीय महिला महाविद्यालय में साफ-सफाई करती स्वयंसेवी छात्राएं।

राजस्थान पत्रिका

सादुलशहर, राजकीय महिला महाविद्यालय में राष्ट्रीय सेवा योजना की इकाई के तत्वावधान में स्वच्छ भारत व प्लास्टिक मुक्त भारत अभियान के तहत साफ-सफाई अभियान का आगाज प्रभारी कुलदीप सिंह के निर्देशन में शुक्रवार को हुआ। स्वयंसेवी छात्राओं ने ग्रुप लीडर के नेतृत्व में महाविद्यालय परिसर की स्वच्छता का कार्य व प्लास्टिक मुक्त भारत कार्यक्रम के अंतर्गत महाविद्यालय व आस-पास की जगह

को प्लास्टिक मुक्त किया व साफ-सफाई की गई। इस दौरान पर्यावरण संरक्षण के लिए खेल मैदान में रोपित पौधों की देखभाल की गई। कार्यवाहक प्राचार्य पुनम दत्ता शर्मा ने स्वयंसेवी छात्राओं को प्रेरित करते हुए कहा कि राष्ट्रीय सेवा योजना में सामूहिकता से कार्य करना श्रमदान व सह-शैक्षणिक गतिविधियों में सहभागिता देकर प्रत्येक विद्यार्थी सकारात्मक सोच से अग्रणीय भूमिका में रहकर अपने व्यक्तित्व का विकास कर सकता है।