

Name : Madhulika Parmar
Designation : Assistant Professor (Home Science)
Date of Birth : 01.01.1973
Present Address : Govt. Girls College, Sadulshahar
Distt : Sri Ganganagar (Raj.)



Postal Address/ Permanent Address : 87 Hardeep Singh Colony, gali No. 2,
Sri Ganganagar (Raj.)

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Sr. No.	Name of College	From	To
1.	Saraswati Kanya Mahaavidyaalay Hanumangarh Jr. (Rajasthan)	14.08.1999	30.07.2011
2.	Regional Office College Education, Bikaner	30.07.2011	05.08.2011
3.	NDB Govt. College, Nohar	06.08.2011	23.12.2011
4.	Swami Vivekanand PG College, Khetri	24.12.2011	12.10.2014
5.	Govt. Girls College, Sadulshahar Distt : Sri Ganganagar	13.10.2014	Continue

Teaching Experience :

- UG teaching experience 23 years (Continue)
- PG teaching experience 7 years (Continue)

Area of Specialization :

M.Sc (Home Science)

Food & Nutrition

Research Paper Published in Journals

1. International Journal of Home Science **2009**-1(2) :39-43 ISSN 2395-7476
“Fruits and Vegetables preservation :- A way to economic empowerment of rural women”.
2. Research Journal of Social and Life Science. Volume XI, December **2011**, ISSN 0973-3914, A National Registered Research Journal Published by center for Research studies Rewa (MP) India.
“A Comparative study of the nutritional intake value of agriculture workers with recommended dietary allowances (RDA)”
3. International Journal of Agriculture and food science technology volume 3 Number 2,**2012** ISSN 2249-3050 Published by Research india publications “Impact of food safety regulations on food industry (with special reference to rajasthan state.”
5. International Journal of creative Research thoughts (IICRT) volume 6, Issue 1 march **2018** ISSN: 2320-2882 Peer reviewed refereed Journal titled : - “A comparative study of nutrition status of working and non working pregnant women in sri ganganagar district of Rajasthan” Page No, 258-265 Published by IICRT.org.
6. International Journal of creative research Thoughts (IJCRT) volume 7, Issue 2, 2 Apr. **2019**, ISSN: 2320-2882,Peer reviewed refereed Journal Title “Food and Nutrition concerns in child development published by IJCRT.org. Page No. 582-587.
7. World wide international inter disciplinary research journal (A peer reviewed) year 6 Vol. 1 Issue XXVII March **2021**, ISSN 2454-7905 Title:- Sustainable utilization of fruit and vegetable wastes by producing noval value added products. Page No. 35-41.
8. AAYUSHI international Inter disciplinary Research Journal April 2023 Peer reviewed Journal ISSN 2349-638X impact tutor 7.367 title “Early Childhood care and Education The foundations of learning.” Page No. 61 to 64 Special issue Theme Rashtriya Shiksha niti 2020 ISSUE, challenges & opportunities

Chapter in A Book

1. आधुनिक भारतीयसमाज : चुनौतियां एवं परिवर्तन— **2016** ISBN: 978-81-7711-524-6 titled “Junk food and their impact on health of children of Indian society” page no. 161-170 प्रकाशक साहित्यकार चौड़ा रास्ता, जयपुर
2. Sustainable development goals in Indian context: interventions and schemes, Published by pustak sansar, Jaipur **2020** ISBN: 978-93-81737-92-7 entitled. “Reduced inequalities” Page No. 272-292.
3. Conceptualization of Physical education and sports (vol. 1) Published by imperium publishers, Model Town, Khana Ludhiana **2019** ISBN: 978-93-84575-18 titled “Role of Nutrition in Sports” Page No. 315-317.
4. Multidisciplinary research Area, Published by Redshine publication pvt. Ltd. Gujrat, India “The Need and importance of Nutrition for aging as well as for the elderly” March **2021**, ISBN: 978-93-90937-03-5, first edition page no. 54-58

Book Published

1. **Weaving** ISBN No. 978-93-5111-101-6
Published by random publications New Delhi
Published in **2013**.
2. **Knitting-** ISBN 978-93-5111-099-6 **2013**,
Published by Random Publication New Delhi
3. **Textile Book for Finishing** ISBN 978-93-5111-12-3,
Random Publication, New Delhi
4. **Food safety and preservation** ISBN 978-93-82036-61-6
Published by Black Print India,
New Delhi edition **2014**

Gyan Ganga

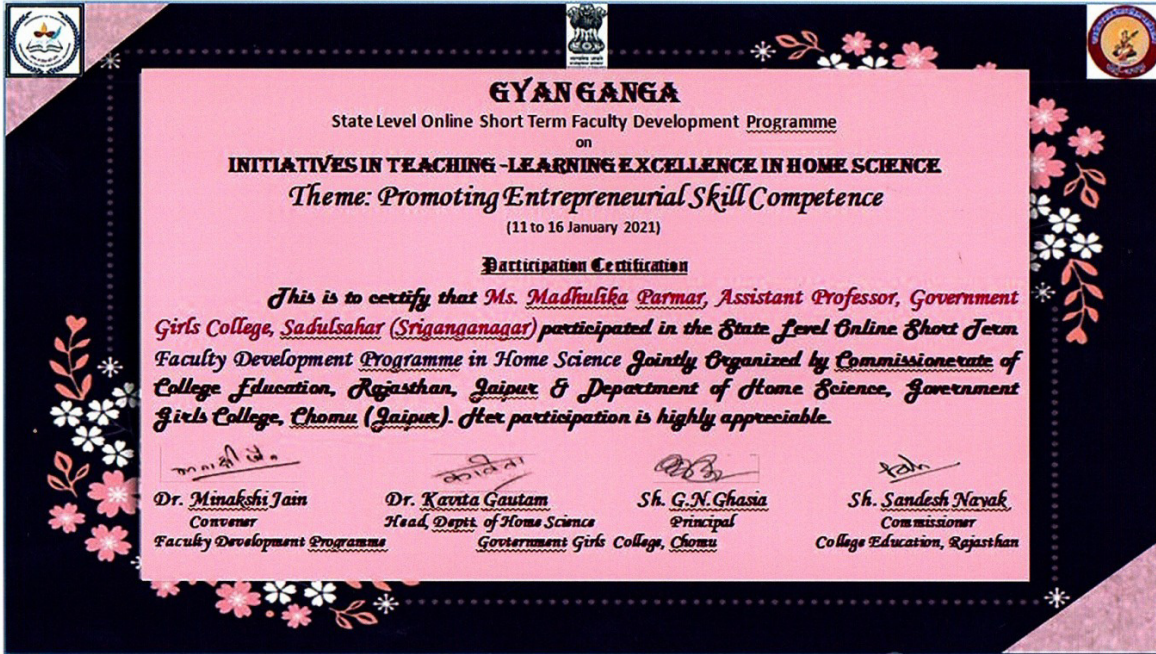
1. State level online short term faculty devt. Programme in Home Science ,Govt. Girls College, Chomu (Jaipur)

Theme : Promoting entrepreneurial skill competence 11 to 16 Jan. 2021.

2. State level online short term training programme, Govt. meera Girls College, Udaipur

Initiatives for teaching learning excellence in home science 15-20 Feb. 2021.

Programme on emerging trends for developing vocational aptitude in Home science.





GYAN GANGA



STATE LEVEL ONLINE SHORT TERM TRAINING PROGRAMME

An initiative of the Innovation and Skill Development Cell

"Initiatives for Teaching-Learning Excellence in Home Science"

15-20 February, 2021

Organized by

COMMISSIONERATE COLLEGE EDUCATION, RAJASTHAN, JAIPUR

&

GOVT. MEERA GIRLS COLLEGE, UDAIPUR

CERTIFICATE

This is to Certify that Madhulika Parmar, Assistant Professor from Government Girls College Sadulsahar, Sri Ganganagar has actively participated in the six days training programme on "EMERGING TRENDS FOR DEVELOPING VOCATIONAL APTITUDE IN HOME SCIENCE."

Kusum Mittal
Convener
Government Meera Girls College,
Udaipur

Nidhi Srivastava
Principal
Government Meera Girls College,
Udaipur

Sandesh Nayak, I.A.S.
Commissioner
College Education
Rajasthan

Gyandoot

1. State Level Programme for subject based online live classes 9th June to 31st July 2021.

Delivered two online lecturer in Home Science.

Organized in Joint collaboration of the commissionerate of College Education, Jaipur & Govt. Girls College, Ajmer.



Award & Honour

1. म्हाविद्यालय के सर्वांगीण विकास में योगदान देने हेतु एवं सत्र 2015–16 में कलेक्टर द्वारा 11 छात्राओं को रेजरिंग सेवा में सम्मानित करवाने बाबत 15 अगस्त 2016 को उपखण्ड अधिकारी सादुलशहर द्वारा सम्मानित किया गया।
2. Best Paper Award “Child Security threats and recent issue.” At international conference 2021 on Gender Security and global politics 25-26 Feb. 2021.
3. Best Teacher Award 5 Sep. 2021 by Greater Lion’s Club, SGNR
4. 15 अगस्त 2023 को राजस्थान राज्यभारत स्काउट गाइड जिला मुख्यालय श्रीगंगानगर द्वारा स्काउट गाइड संगठन में उत्कृष्ट कार्य करने के फलस्वरूप जिला कलेक्टर द्वारा सम्मानित किया गया।

Members of different bodies

1. Permanent member of Indian dietetic Association from 14.03.2011 membership no. IDA/08965
2. Member of Board of Studies of MGS University Bikaner 2010-2013 & 2021-2023.
3. Member of Board of Studies of Shekhawati University Siker 2021-2023.
4. Acted as a paper setter and Practical examiner UG & PG examination of MGS University Bikaner, JNVU, Jodhpur, Shekhawati University, Siker.

Training Programme

S.No.	Courses	Training Attended	No. of Days	From	To
1.	Orientation Course	JNU Delhi	28	16.07.2001	10.08.2001
2.	Refresher Course	ASC JNVU Jodhpur	21	22.02.2010	14.03.2010
3.	Refresher Course	GNDU Amritsar	21	10.02.2003	1.03.2003
4.	Refresher Course	JNVU, Jodhpur	21	24.01.2011	12.02.2011
5.	Beginner's Course (Bharat Scout Guide)	Online	1	18.08.2020	18.08.2021
6.	FDP "Evolution from offline to online teaching"	Satish pradhan Dhyansadhana College, Thane (Online)	5	30.05.2020	3.06.2020
7	FDP "Research Methodology"	Choudhary Charan Singh University, Meerut (Online)	7	27.12.2019	02.01.2020
8	FDP "Faculty Development Programme	SPC Govt. College, Ajmer (Online)	2	19.08.2020	20.08.2020

Conference & Seminar

Title of Seminar	Place	Date & Year	National/International	Title of Paper Presented
Challenges of modern society to the family structure	Sona Devi Sethia PG Girls College Sunajgarh	28 & 29 Nov. 2008	National Conference	Attended
महिला सशक्तीकरण	Deptt.of Public Add. JNVU, Jodhpur	25-26 Feb.2010	National	Present Situations of the women in Rural Areas
Workshop on upgrading BA Home science Syllabus	JNVU Jodhpur Depttt. Of Home Science	3 to 5 Mar.2011	National Workshop	As a Subject expert
Communal Harmony peace and Social Justice	Choudhary Devi Lal University Sirsa (Hry.)	6 Dec. 2011	National	Attended
Carrier Seminar	Ryan College of Education Hanumangarh	2011-12	National	Attended
Poistioning women enterpreneruship in changing socioeconomic milieu	Deptt. of Home Science University of Rajasthan, Jaipur	2-3 Feb. 2012	National	Study of job satisfaction of working women in private school
Agriculture Food Science for Sustainable global Development	JNU, Delhi	28-29 Oct. 2012	International	Impact of Food Safety Regulation on Food industry
Human Rights	RSA, BSR Govt. Arts College, Alwar	14-16 , 2012	International	An analysis of child rights in india
Human Resource Management	SS Jain Subodh PG college, Jaipur	22-23 Jan. 2013	National	Time management for working women
Modern Indian Society Challenges and Changes	Swami Vivekanand Govt.PG College, khetri	17-18 Jan. 2014	National	Junk food and their impact on health of children of Indian society.

Workshop on formulation of MA Home Science syllabus	Deptt. of Home Science University of Rajasthan, Jaipur	16 to 17 Mar. 2015	Workshop	Participated
Human Rights	Govt.College Khetri	5-6 Sep. 2016	National	वर्तमान परिप्रेक्ष्य में मानव अधिकारों की चुनौतियां
Stable isotopes applications innatural science	MD College Sri Ganganagar	22 Dec. 2016	National Symposium	Attended
Biotechnology for sustainable development	MD College, Sri Ganganagar	23 to 24 Dec. 2016	National Conference	Attended
Higher Educationin 21 st Century	NDB Govt. College, Nohar	27-28 Jan. 2017	National	उच्च शिक्षा की विसंगतियां
Technological Development in Contemporary era	NMPG College, Hanumangarh	11-12 Nov. 2017	International	Solid Muncipal Waste & Natural Calamity & Environmental implication
Exercise psychology	Govt. Maharaj Acharaya Sankrit College	22-31 Jan. 2018	National Workshop	Effect of exercise on psychological health variables
The eternal issue relevance for future generation	SPC govt. college, Ajmer	18-19 Sep. 2019	International	Relevance of Gandhi vision in present scenario
Human Rights are women rights	Govt. College, Jaipur	27-28 Sep. 2019	National	Women Rights in India Problems & Prospects
समकालीन विमर्श और बेहतर समाज के सपने	Bhagwati Kanya Mahavidhyala, Lalgah	11-12 Oct. 2019	International	नारी विमर्श बदलता परिवेश
Prospect of Enrolment and evocation in Home Science and agriculture education	University of Rajasthan Jaipur	18 to 19 Nov. 2019	National Workshop	Participated as a Subject expert
Gandhi	Govt. Girls	22-23 Nov.	National	Effects of yoga

Spiritullism and changing scenariowith yoga	College, Dholpur	2019		on mental and physical health
Psychology in Contemporary Sports Health & Fitness	Deptt. of Physical education Punjabi Universiy, Patiala (PB)	28-30 Nov. 2019	International	Role of Nutritions in Sports
Climate Change & Sustainable development issue	SS Jain Subodh PG College, Jaipur	23-24 Dec. 2019	National	Sustainable Utilization of fruits & vegetable waste
Personality development and mental well beingin the new normal	IQAC and Deptt. of Social Science of Mata Gujari College Fategarh Sahib Punjab	25 Nov. to 3 Dec. 2020	National Workshop	Participatioon
Gender Security and Global Poltics	Indian Inst. Of Human Security & Governance Delhi	25-26 Feb. 2021	International	Child Security threats and recent issues
Multi disciplinary Aspect of Human rights and the environment	MS College Bikaner	18-20 Jan 2023	Inter National Conference	Women Right in India Problems and prospects
Modern Trends in research Methodology	Tantia University, SGNR	27-28 May 2023	National Seminar	Research rule and regulation
Gandhian way of world peace and nonviolence in contemporary times	Jai Narian Vyas university ajmer	8-10 Aug. 2023	International	Participated
Science Technology and Society	SPC Govt. College Ajmer	21-23 Sep. 2023	International	Position of female athletes in Indian society
Global challenges in edicationas research issues resolution	Tantia University SGNR	4-5 Nov. 2023	National Seminar	Recent Trends in global education

Recent Global inventions, challenges and trends in multi disciplinary research	BBD Govt.College, Chimpura	18-19 Dec. 2023	International	Globalization in natural environment
Socio Economic convence of literature culture and education in the global scenario	CH BRG Govt.Girls College,SGN R	18 Jan. 2024	Inter National	Participation
Emerging trends of India Politics	SPC Govt. College Ajmer	19-20 Jan. 2024	National Seminar	Recent trends in Indian society

E- Certificate (Webinar)

Title of Seminar	Place	Date & Year	National/ International	Title of Paper Presented
Present Natural Calamities	Seth RL Saharia Govt. PG College, Kaladera	5.06.2020	National	Participation
National Awareness programme	Arts & Commerce College, Nasik	13.06.2020	Quiz	Participated
Role of Yoga in Health hazard during Covid 19	Degree college of Physical Edu. Amravati	17-21 Jun. 2020	National	Participation
Awareness of Yoga	Govt. College, Sri Karanpur	21.06.2020	Quiz	Participated
Holistic Approach in panademic Covid 19	School of Arts and Humanities Apex Univ. Jaipur	23.7.2020	National	Participation
World Nature Conservation day	Govt.Meera Girls College, Udaipur	28.07.2020	Quiz	Participation
Concept of self reliant india in the contemplation of swami vivekanand	SMM Govt.Girls College, Bhilwara	29-30 July 2020	National	Participation
Life style in Covid-19	Ch. BRG Govt. College, SGNR	29-30 July 2020	National	Participation
Ayurveda & yoga	Nagalanda International Inst. Of Buddhist Studies, Sri lanka	8-9 Aug. 2020	International	Participated
Sports & Personality	University sports Board & MPUAT Udaipur	28.08.2020	National	Participation
Management of Life Style During Pandemic	Ch. BRG Govt. College, SGNR	11-12 sep. 2020	International	Participation
Higher Education Scenario	Gauri Devi Govt. College, Alwar	23-09.2020	National	Participation
World mental Health Day	Mahatma Gandhi Vidya Mandir,Nasik	10.10.2020	National	Participation
Nutrition and	Deptt.of Physical	28.10.2020	International	Participation

Health	Education Mangalore University			
Research Publication	Maharana Pratap University Udaipur	8.12.2020	National	Participation
Environmental Humanities	Kalinga Inst. Of Industrial Tech. Deemed Univ. Bhubaneswar (Odisha)	10.12.2020	International	Participation
Aspects of Evaluation of Teachers	BSR Govt.College, Alwar	28.1.2021	International	Participation
Journey to A Healthier you	Deptt. of Human development GB Pant University	5 to 10 Apr. 2021	National	Participation
Studies on Allelopathic interactions of some invasive weeds of Deccan plateau	Deptt. of Botany, seva Bharti Mahavidyalaya Kapgari, Jhargram (WB)	5 .6.2021	International	Participation
Adevrse effect of Perfluoralkye substances on the liver	IQAC Miraj Mahavidyalaya Miraj	5.6.2021	International	Participation
Scope and opportunities for freelance designer in fashion industry	College of Community and Applied sciences udapiur	9.06.2021	National	Participation
Yoga the full breath of life	Deptt. of Physical Education and IQAC, Kerala	19 June 2021	National	Participation
Moving bodies Moving Minds	Deptt. of Physical education and IQAC Fasima mata National College, Kollam	23.6.2021	International	Participation
Career Opportunities in fashion apparel leather and life	Maharana Pratap university of agriculture and technology,	20.7.2021	National	Participation

style product sector	Udaipur			
New Education Policy 2020	SK Govt. Girls College, Siker	10.08.2021	National	Participation
Bharat Nutrition Week 2021	Deptt. of Foods Nutrition Swami Keshwanand Raj. Agriculture University, Bikaner	7.9.2021	International Webinar	Participation
Nutritional consideration for women using life cycle approach	Deptt. of foods nutrition, college of Home Science GBPUAST, Pantnagar	28.09.2021	International	Participation



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आज़ादी का
अमृत महोत्सव




जिला प्रशासन, श्रीगंगानगर



श्रीमती मुधालिका परमार, रेंजर (गाईड) राजस्थान राज्य भारत स्काउट गाइड जिला मुख्यालय,
श्रीगंगानगर द्वारा स्काउट गाइड संगठन में उत्कृष्ट कार्य करने के फल स्वरूप जिला प्रशासन द्वारा
सम्मानित किया जाता है।

श्रीगंगानगर
दिनांक : 15 अगस्त 2023


(अंश दीप)
कलक्टर एवं जिला मजिस्ट्रेट
श्रीगंगानगर (राज.)