


Best Practice-B

1. Title of the Practice: I AM SHAKTI UDAN YOJNA AND WOMEN EMPOWERMENT

2. Objective of Practice: In the financial year 2021-22, Indira Mahila Shakti Udaan Yojana /I Am shakti Udaan Yojna has been launched by the Honorable Chief Minister under Budget Announcement 125 on 19.12.2021, keeping health and hygiene in mind. Under which free sanitary napkins will be distributed to girls and women at School, Colleges and Rural areas. The objective of the scheme is to encourage girls and women to use sanitary napkins, especially to make women aware in rural areas where ghunghat is prevalent so that women can talk about their menstrual problems without any hesitation and get solutions and get free sanitary napkins. Govt. Law College, kota is distributing sanitary napkins since the starting of scheme.

Women Empowerment is the progression of women and, accepting and including them in the decision-making process. It also means providing them with equal opportunities for growth and development in society, and disapproving gender bias.

Article 15(3) mentions the welfare of women and children and can be stated as "Nothing in this article shall prevent the State from making any special provision for women and children." In India, the legal profession has seen a notable influx of women in recent decades. Traditionally, the legal field was predominantly male-dominated, but societal changes, educational advancements, and legal reforms have opened doors for female attorneys. Despite these positive shifts, challenges persist. Govt. Law college being a professional course college. It provides professional LL.B. degree to students. Almost 30 percent are girls student in our college.


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3. The Context: Through Rajasthan IM Shakti Udaan Yojana, women of the state will be made self-reliant and empowered. Free sanitary napkins will be provided by the state government to women in the age group of 11 to 45 years. Due to which women will not have to face any problem. On January 24, 2023, free sanitary napkins have been provided to girls and women in the age group of 11 to 45 years by the Empowerment Department Block Supervisor at Dr. Bhimrao Ambedkar Bhawan, Rajasthan. Through I Am Shakti Udaan scheme, approximately 1.2 crore women of the state will be benefited under this scheme. And it has also been assured that there will be no let-up in the implementation of this scheme. The benefit of this scheme was provided only to school and college students. But now the government will provide the benefit of this scheme to every woman in the state.

Govt. Law college provide professional LL.B. degree to students. Almost 30 percent students are girls student in college. Legal Profession is wide collar profession. It empowered females and give reputation in the society.

4. The Practice: Government Law college kota has appointed a nodal officer since the beginning of this scheme. Girls students are distributed sanitary napkins on regularly basis. for to get benefited from this scheme a female should come under following criteria:

Any beneficiary who wants to avail its benefits must be a permanent resident of Rajasthan. Only women are eligible to apply under this scheme. Women and girls between the age of 11 to 45 years can avail benefits under this scheme. Can avail the benefits as per the parameters prescribed under IM Shakti Udaan Scheme. Only women and girls living below the poverty line can avail its benefits.

Our college invites professionals and academicians for lecture on Hygiene. The government has not issued any kind of application process for this scheme. Under this scheme, any woman can get free sanitary napkins from any school, college and Anganwadi centers in the state. Free distribution of sanitary napkins is done here. Apart from this, this scheme is especially for the women and girls living in the villages, who due to financial weakness and hesitation are unable to buy sanitary



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napkins. Such women and college students can feel free to visit these centers/colleges and get free sanitary napkins.

Govt. Law college kota provide practical approach to students through Moot court, jail visit, Legal Aid camps, Motivation lecture, Free legal aid, Self defence training Specially to girls students.

5. Evidence of Success:

In the last one year, 29 lakh girls and women have benefited from the 'I am Shakti Udaan Scheme' implemented in the year 2021-22. In the first phase, 26 lakh girl students studying in about 34 thousand government schools and colleges of the state and about 3 lakh adolescent girls and women have been benefited through 1,410 Anganwadi centers (200 beneficiaries per Anganwadi center).

In the second phase of the scheme, napkins are being made available at 96,645 centers to benefit approximately 1.45 crore adolescent girls and women across the state. In this phase, free sanitary napkins are being distributed to girl students studying in Anganwadi centre's, government schools, colleges and residential schools run by various departments of the state government. Till now college have distributed approx 2000 Sanitary napkins to college girls.


Under this scheme, 12 sanitary napkins are provided free of cost every month to adolescent girls and women by the state government. These napkins are distributed through government schools, colleges, Anganwadi centers and residential schools.

Govt. Law College, Kota Provide LL.B. degree to students also provide different types of scholarship to students including girls student. Government Law College kota girls student after passing LL.B. degree are working in different fields such as an advocate, Judge, Law Officer, Prosecution Officer, Assistant Professor in Law etc. so Govt. Law College, Kota is strengthening the girls student financially and socially. Govt. law college, kota also has 40 percent female (4 female teaching staff out of 10) staff which are equally contributing in the overall development of college.

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Problems Encounters and Resources required: A female who is resident of Rajasthan is only eligible for these schemes. In this scheme the sanitary napkins received by the college from concern department are distributed to girls students, in starting girls are taking less interest due to hesitation but after motivation on hygiene the girls took much interest in this government scheme. College has appointed a female nodal officer for I am shakti udaan yojana so that girls can easily reach to nodal officer and without the hesitation can take sanitary napkins. It is very good scheme for females in Rajasthan, it helps in maintain good health and also it protect some kind of diseases.

Govt. law college kota is far from main city area so some time girls student feel difficulty to reach at college, but now City Bus facility is available on college route. so girls are regular attending the classes and other cocurricular activities. Govt. Law College Kota is developing best legal professional in legal field and acting a big role in Women Empowerment.


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