

Profile



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Designation: Associate Professor
Subject: Psychology
Date of Birth: 09/11/1968
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Academic Qualification:

S.No.	Examination	Board/ University	Year	Merit
1	Secondary	School Education Board, Bhiwani (Haryana)	1984	
2	PUC	M.D. University, Rohtak (Haryana)	1985	
3	B.A.	M.D. University, Rohtak (Haryana)	1988	
4	M.A.	Kurukshetra University (Kurukshetra)	1991	Gold Medal
5	M.Phil.	Kurukshetra University (Kurukshetra)	1992	Gold Medal

6	B.Ed.	M.D. University, Rohtak (Haryana)	1989	
7	Ph.D.	University of Rajasthan (Jaipur)	2010	

Teaching Experience:

S.No	College	Period UG	Period PG
1	J.B. Shah Girls P.G. College, Jhunjhunu	18 Years	15 Years
2	B.G.D.G.G.C. Shahpura, Jaipur	2.6 Years	-
3	Govt. Girls College Chomu, Jaipur	6.6 Years	-

Refresher/Orientation Courses:

S.No.	Course	Date	University/Institution
1	Orientation	11/05/1998 to 06/06/1998	Academic Staff College, University of Rajasthan, Jaipur
2	Refresher	11/12/2000 to 31/12/2000	U.G.C. Academic Staff College, J.N.V University, Jodhpur
3	Refresher	18/12/2004 to 07/01/2005	Academic Staff College, Deen Dayal Upadhyay, Gorakhpur (UP)
4	Refresher	05/06/2006 to 24/06/2006	U.G.C. Academic Staff College, J.N.V University, Jodhpur
5	Ranger Leader Basic Course	02/09/2013 to 08/09/2013	Rajasthan State Scout & Guide Banipark, Jaipur

Research Paper Published:

S.No.	Title	Name of Periodicals	Year
1	An investigation of Level – 1 and Level – 2 in Indian school students	Psycho – Lingua ISSN: 0377 – 3132, 34(1): 23 – 28 Psycholinguistic Association of India	2004
2	Coping with Stress	Manas, Department of Psychology, Jhunjhunu Sponsored by U.G.C	2005
3	The Impact of Social Media on Mental Health	International Journal of Innovative Research in Science, Engineering & Technology vol. -2, Issue - 10 ISSN 2319-8753	Oct. 2013
4	Aggression and Violence Affected due to Movies in People	International Journal of Advanced Research in Arts, Science, Engineering and Management, Vol.- 01, Issue - 02 ISSN 2395-7852	Nov. 2014
5	Child Abuse by Parents	International Journal of Innovative Research in Science, Engineering and Technology, Vol.-04, Issue - 02 ISSN 2319-8753	Feb. 2015
6	Cognitive Psychology and it's Impact	International Journal of Innovative Research in Science, Engineering and Technology, Vol.-04, Issue - 06 ISSN 2319-8753	June 2015
7	Eating Disorders Leading to Obesity and Health Problems	International Journal of Multidisciplinary Research in Science, Engineering, Technology and Management Vol. 02, Issue 12- ISSN – 2395-7639	Dec. 2015
8	Increasing Trend of Depression in Indian Society	International Journal of Research in Economics and Social Sciences (ISSN/ISBN No. 2249-7382)	2016
9	An Impact of Socio-Economic Status on Voting Behaviour	International Journal of Innovative Research in Science, Engineering & Technology (ISSN/ISBN No. 2319- 8753)	2016

10	Impact of Yoga on the Stress Level	International Research Journal of Human Resources and Social Sciences (ISSN/ISBN No. 2349-4085)	2017
11	A Study on Stress Level and Coping Strategies Among Undergraduate Students	International Journal of Innovative Research in Science, Engineering & Technology (ISSN/ISBN No. 2319-8753)	2017
12	Personality Development: Stability and Change	International Journal of Multidisciplinary Research in Science, Engineering and Technology (ISSN/ISBN No. 2395-7639)	2018

Seminar Organised:

S.No.	Title	Year	Funding Agency	Level
1	Community Perspective & Behavioural Problems	2005	UGC	National

International and National Seminars/Webinars/Conferences/Workshops Attended/Paper Presented			
S.No.	Topic	Date	Organiser
1	Presented Paper on The Dependent Personality Disorder in Annual Conference of Rajasthan Psychiatry Society	25-26 Sept 2004	Dept. of Psychiatry, Govt. B.D.K Hospital Jhunjhunu
2	Presented Paper on Coping with Stress in National Level Seminar on Community Prospective and Behavioural Problems sponsored by UGC	24-25 July 2005	J.B. Shah Girls PG College, Jhunjhunu
3	Presented Paper on Ecotourism in National Conference on Environmental Conservation and Management Sustainable Era	20-22 Dec 2012	S.S. Jain Subodh P.G. College, Rambagh Circle, Jaipur
4	National Workshop on Empowering India through e-governance, UGC sponsored	18-19 Dec 2014	Knowledge Centre and Youth Development Centre, Shri Ratanlal Kanwarlal Patni, Govt. PG College Kishangarh (Ajmer)
5	National Conference on Climate Change and Sustainable Development: Issues and Policy Initiative	23-24 Dec 2019	Dept. of Geography, S.S. Jain Subodh P.G. College, Rambagh Circle, Jaipur

6	National Conference on Human Rights are Women's Rights: Women's Rights are Human Rights	27-28 Sept 2019	Govt. College Jaipur
7	1SSHA International Conference on Status of Vulnerable Sections in Society and Justice Through Constitution and Social Engineering	29-30 Nov 2019	Pandit Deendayal Upadhyaya Shekhawati University, Sikar, Rajasthan and SSHA
8	National Webinar on ICT Tools for Teaching in Higher Educational Institutions	29 Aug 2020	L.B.S. Govt. College Kotputli Jaipur Rajasthan
9	Webinar on Mahatma Gandhi Ka Adarshwad	6 Oct 2020	Govt. of India Regional Outreach Bureau/PIB, Dehradun, Ministry of Information and Broadcasting
10	International Webinar on Hindi Cinema Strivimarsh	15 June 2021	Govt. Girls College Chomu and Credent TV Jaipur
11	International Webinar on Samkalin Sahityik Vimarsh; Chunautiyan avem Sambhavna	24-25 June 2021	Govt. Girls College Chomu and Credent TV Jaipur
12	Presented Paper in International Conference on Multidisciplinary Approaches to Environmental Research for Human Health: Topic – Health Benefits of Nature Experience: Psychological, Social and Cultural Processes	22-24 Dec 2021	International Society for Life Sciences (ISLS)
13	Presented Paper in International Conference on Environment, Sustainable Development and Human Health: Topic – Effect of Genetics on Type 2 Diabetes	16-17 Dec 2022	Seth Ranglal Kothari Government Post- Graduate College, Rajsamand, Rajasthan
14	Presented Paper in International Conference on Impacts of Environment, Food & Nutrition on Human Health: Topic – Impact of Climate Change on Human Health	21-24 Dec 2022	University of Rajasthan and ISLS
15	Presented Paper in International Conference on Emerging Trends in Environment Sustainability: Topic – Wildlife Conservation and Management in India	20-21 Jan 2023	Agarwal PG College, Jaipur
16	Presented Paper in International Conference on Recent Developments in Science and impacts on Management, Art & Culture, Social Sciences and Education: Topic – Prospects and Challenges in Online Teaching	23-24 Jan 2023	Government College Jaipur

