

आयुक्तालय कॉलेज शिक्षा, राजस्थान, जयपुर

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क्रमांक: एफ. 7 (4) विविध/अकाद/आकाशि/2022/ 367

दिनांक: 20 दिसम्बर, 2022

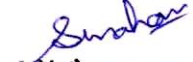
प्राचार्य,
समस्त राजकीय/निजी महाविद्यालय,
राजस्थान।

विषय:—NGO 'सहायता' द्वारा सड़क दुर्घटनाओं में आपातकालीन सहायता हेतु ट्रेनिंग के क्रम में।

महोदय,

उपरोक्त विषयान्तर्गत लेख है कि स्वयंसेवी संस्था 'सहायता' द्वारा विद्यार्थियों/संकाय सदस्यों को 'Online/ Offline Life Safety & Cardio Pulmonary Resuscitation (CPR) Training' प्रदान करने हेतु अभ्यावेदन प्राप्त हुआ है (प्रति संलग्न)। उक्त संस्था 'सहायता' को प्रशिक्षण कार्यक्रम आयोजित करने हेतु आवश्यकतानुसार, नियमानुसार सहयोग प्रदान करने का निर्देश है।

संलग्न: उपरोक्तानुसार।



(डॉ.शैला महान)

संयुक्त निदेशक (अकादमिक)

प्रतिलिपि सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित है :—

1. निजी सचिव, शासन सचिव उच्च एवं तकनीकी शिक्षा विभाग, शासन सचिवालय, जयपुर को उनकी अ.शा.टीप.क्रमांक नि.स/शास/उएवं तशि/2022/226 दिनांक 23.11.2022 के क्रम में।
2. 'सहायता', 297, तरु छाया नगर, टोंक रोड़ जयपुर-302029 के क्रम में।
3. प्रभारी, वेबसाईट, आयुक्तालय कॉलेज शिक्षा राजस्थान, जयपुर को अपलोड हेतु।



(डॉ.शैला महान)

संयुक्त निदेशक (अकादमिक)

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SAHAYTA

extend a helping hand to accident victims

297, Taru Chhaya Nagar, Tonk Road, Jaipur 302029 (Raj.) India

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Registration No.: T-2014400000579716-01-2014

80G Certificate No. -AANTS9705R/08/2017-18/T-536/80G Since 09-10-2017

Dr. Maya Tandon

MBBS, D.A. MS (Anses.)
Chairperson & Managing Trustee

Mr. Arun Kumar

IAS (Retd.)
Patron

Dr. Kiran Tandon

BDS (Mumbai)
Secretary

SH/Edu Secy/2022/2547

Dated: 21st Nov. 2022

To,
The Secretary
Department of Higher Education
Govt. of Rajasthan
Jaipur

Sub: Online/Offline Life Safety and Cardio Pulmonary Resuscitation (CPR) Training to the students of Government and Private Colleges of Rajasthan.

Ref: Letter No. स.सु./मु.स./परिवहन/2021/00648; प-10(804) परि/स.सु. NGO, S/पार्ट-1/2021/16028
Dated: 08/09/2021

Dear Sir,

Every morning, be it TV, Newspaper or the Social Media, the most prominent and distressing information is about a Road Accident where innocent pedestrians/entire family losing lives leading to a tragedy in our country. India had committed to abide by the UN Resolution to reduce Road Deaths by 50% by 2020 but in vain. We have in the next Decade of Action on Road Safety from 2020 to 2030 again committed to take aggressive measures to adhere to the resolution norms but almost 2 years having passed by, we are looking for avenues to show decline in gravity and number of road accidents deaths in the country. MORTH has also made significant amendments in Motor Vehicle Act 1988 but even that has also not contributed in bringing down the fatality figures. With the above brief I would like to state that NGO SAHAYTA was registered in Jan 2014. Dr. Maya Tandon, the Chairperson, holds a vast experience of over 28 years in the field of saving lives of victims of road accidents. It was in the year 1995, soon after her superannuation as HOD in Anaesthesia and Superintendent of J. K. Lon Hospital, SMS Medical College, Jaipur that she ventured to abide by the American Heart Association (AHC) and European Resuscitation Council (ERC) guidelines and formulated a Basic Life Saving {BLS} Course specifically for Indian public. The two major components that are included are sequential handling of Road accident which means that instantly within 10 seconds the bystanders can place a hand on the shoulder and

shout "Are you okay" and see whether the person is responding and opening the eyes and if not, the person should be shifted to the pavement with the support of three persons so that there is no jam on the road, a common feature.

Thereafter we also see whether the Heart and Lungs have stopped and if so, immediately Cardio Pulmonary Resuscitation is started which is being taught by us on a human mannequin. Up till now these measures have not been taught to the public but if the public learns how to do the correct method of CPR many innocent human lives can be saved. In case a person complains of severe excruciating pain in the chest, sweating, vomiting and a feeling of distress never felt before in life indicating that it is the end of the life, we ask the public to keep Tablet Sublingual Isordil -5mg beneath the tongue and also Tablet Disprin 325 or 350 mg should in a sip of water which will boost the circulation to have an antiplatelet effect on the heart and maintain circulation. These measures will help in reducing the existing high rate of road accident mortality and morbidity that are a great concern today for the Centre and the States and is the need of the day because "India Leads the world in Road Deaths (WHO)".

SAHAYTA is a team of dedicated professionals and are in possession of our own production of videos films and PPTs in Hindi and English.

As the first organisation in the state of Rajasthan to create awareness on life saving measures to the masses, we request to get these courses for the staff and college students of Government and Private College, department of college education.

Dr. Maya Tandon

With best wishes

Dr. Maya Tandon

Mobile: 9414078998

Chairperson

SAHAYTA

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Tonk Road, Jaipur-302 029